

East Penn School District

Allergens & Food Sensitivity

EAST PENN

Rec. #	Description	Milk	Egg	Peanut	Tree Nut	Fish	Shellfish	Soy	Wheat
000820	AMBROSIA	YES	NO	NO	NO	NO	NO	YES	NO
000711	Apple Cinnamon Cheerios	NO	NO	NO	NO	NO	NO	NO	YES
000202	APPLE CRISP	YES	NO	NO	NO	NO	NO	YES	YES
000979	APPLESAUCE SPICE CAKE	YES	YES	NO	NO	NO	NO	YES	YES
001299	Assorted Sliders	YES	NO	NO	NO	NO	NO	YES	YES
000830	AU GRATIN POTATO	YES	NO	NO	NO	NO	NO	YES	NO
000879	BANANAS W/ CINNAMON	YES	NO	NO	NO	NO	NO	YES	NO
000748	BBQ CHICKEN ON BUN	NO	NO	NO	NO	YES	NO	YES	YES
001280	BBQ CHICKEN ON BUN EHS	NO	NO	NO	NO	YES	NO	YES	YES
001329	BBQ SAUCE 1 OZ	NO	NO	NO	NO	YES	NO	YES	YES
000848	BBQ sauce Reinhart # 25854	NO	NO	NO	NO	YES	NO	NO	YES
001218	BEAN SOUP	NO	NO	NO	NO	NO	NO	YES	YES
001307	BEEF MACARONI	NO	YES	NO	NO	NO	NO	YES	YES
001308	BEEF MACARONI W/ BEAN/CORN eh	YES	YES	NO	NO	NO	NO	YES	YES
001105	Beef Sliders	NO	NO	NO	NO	NO	NO	YES	YES
001340	BEEF STEW	NO	NO	NO	NO	NO	NO	YES	YES
001094	Beef Teriyaki Open Face	YES	NO	NO	NO	NO	NO	YES	YES
001255	Beef Teriyaki Open Face SECOND	YES	NO	NO	NO	NO	NO	YES	YES
001043	Beef Teriyaki Sandwich	NO	NO	NO	NO	NO	NO	YES	YES
001288	Beef Teriyaki Sandwich EHS	NO	NO	NO	NO	NO	NO	YES	YES
001093	Beef Teriyaki stir fry	YES	NO	NO	NO	NO	NO	YES	NO
001210	BLACK BEAN MARINATED SALAD	NO	NO	NO	NO	NO	NO	YES	NO
000754	BOLOGNA & CHZ ON HOT DOG ROL	YES	NO	NO	NO	NO	NO	YES	YES
001256	BOLOGNA & CHZ ON WHITE BREAD	YES	NO	NO	NO	NO	NO	YES	YES
001244	BOXChicken Grill BUFFALO Salad	YES	NO	NO	NO	NO	NO	YES	YES
001333	BOXED Chick Grilled RanchSalad	YES	NO	NO	NO	NO	NO	YES	YES
001122	BOXED CHICK STRIP SALAD	YES	YES	NO	NO	NO	NO	YES	YES
001027	BOXED CHICKEN CAESAR SALAD	YES	NO	NO	NO	NO	NO	YES	YES
001121	BOXED Chicken Grill BBQ Salad	YES	NO	NO	NO	YES	NO	NO	YES
001127	BOXED Chicken Grilled Salad	YES	NO	NO	NO	NO	NO	YES	NO
001028	BOXED GARDEN SALAD W/ EGG	YES	YES	NO	NO	NO	NO	NO	NO
001176	BOXED HUM W/ VEG AND PITA EHS	YES	NO	NO	NO	NO	NO	YES	YES
001125	BOXED SALAD ANTIPASTO/ITALIAN	YES	YES	NO	NO	NO	NO	NO	YES
001029	BOXED TUNA SALAD	YES	YES	NO	NO	YES	NO	YES	NO
001269	BOXHUMMUS W/ VEG AND LOCO	YES	NO	NO	NO	NO	NO	YES	YES
001035	BREAD GARLIC 1/2	NO	NO	NO	NO	NO	NO	YES	YES
001300	BREAD GARLIC WHOLE DR	NO	NO	NO	NO	NO	NO	YES	YES
000996	BREAD ITALIAN SLICE	NO	NO	NO	NO	NO	NO	YES	YES
001315	BREAD STICK	NO	NO	NO	NO	NO	NO	YES	YES
000747	BREAD, HOAGIE, 6", WHEAT	NO	NO	NO	NO	NO	NO	YES	YES
001088	Breakfast Bar Benefit L0516	YES	YES	NO	NO	NO	NO	YES	YES
001045	Breakfast Bar Benefit L0606	YES	YES	NO	NO	NO	NO	YES	YES
000922	BROCCOLI SLAW	NO	YES	NO	NO	NO	NO	YES	NO
000971	BROCCOLI SALAD	YES	YES	NO	NO	NO	NO	YES	NO
000258	BROCCOLI: frozen, Steamed	YES	NO	NO	NO	NO	NO	YES	NO
001335	BURGER TEX MEX ON BUN 2 oz	YES	NO	NO	NO	NO	NO	YES	YES

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000397	BURGER TEX MEX ON BUN 2.25	YES	NO	NO	NO	NO	NO	YES	YES
001257	BURRITO, BEAN W/CHZ SECONDAR	YES	NO	NO	NO	NO	NO	YES	YES
000027	BURRITO, BEAN with cheese	YES	NO	NO	NO	NO	NO	YES	YES
000148	BURRITO, BEEF & CHEESE	YES	NO	NO	NO	NO	NO	YES	YES
001277	BURRITO, BEEF & CHEESE EHS	YES	NO	NO	NO	NO	NO	YES	YES
000804	BURRITO, BEEF NO CHZ	NO	NO	NO	NO	NO	NO	YES	YES
001276	BURRITO, BEEF NO CHZ EHS	NO	NO	NO	NO	NO	NO	YES	YES
000806	BURRITO, CHICKEN	NO	NO	NO	NO	NO	NO	YES	YES
001279	BURRITO, CHICKEN EHS	NO	NO	NO	NO	NO	NO	YES	YES
001108	BURRITO, CHICKEN w/ cheese	YES	NO	NO	NO	NO	NO	YES	YES
000960	CAESAR SALAD	YES	NO	NO	NO	YES	NO	YES	YES
001168	CARROT & BROCCOLI STEAMED	YES	NO	NO	NO	NO	NO	YES	NO
000858	CARROT-RAISIN SALAD	NO	YES	NO	NO	NO	NO	YES	NO
000731	CARROTS: Dill, steamed	YES	NO	NO	NO	NO	NO	YES	NO
000261	CARROTS: GLAZED	YES	NO	NO	NO	NO	NO	YES	NO
000832	CAULIFLOWER: fresh boiled	YES	NO	NO	NO	NO	NO	YES	NO
000752	CHEESE SANDWICH- DEBT	YES	NO	NO	NO	NO	NO	YES	YES
000859	CHEESE SAUCE: Rh a2600	YES	NO	NO	NO	NO	NO	YES	YES
001232	Cheese, Cheddar R/S RH E3062	YES	NO	NO	NO	NO	NO	NO	NO
001241	CHEESE, MOZZ RH 70968	YES	NO	NO	NO	NO	NO	NO	NO
001240	CHEESE, PROVOLONE	YES	NO	NO	NO	NO	NO	NO	NO
000768	Cheese, Rh purchased	YES	NO	NO	NO	NO	NO	YES	NO
001208	Cheese, USDA R/S	YES	NO	NO	NO	NO	NO	YES	NO
001123	Cheeseburger on Bun	YES	NO	NO	NO	NO	NO	YES	YES
001312	Cheeseburger on Bun EHS	YES	NO	NO	NO	NO	NO	YES	YES
000357	Cheesesteak Hoagie	YES	NO	NO	NO	NO	NO	YES	YES
001345	Cheesesteak Hoagie elem	YES	NO	NO	NO	NO	NO	YES	YES
000207	CHERRY CRISP	YES	NO	NO	NO	NO	NO	YES	YES
001243	Chic CHZ Stk 6" WHEAT BUFF	YES	NO	NO	NO	NO	NO	YES	YES
001271	Chic CHZ Stk 6" white BUFF	YES	NO	NO	NO	NO	NO	YES	YES
001219	CHICKEN ALA KING BISCUIT	YES	YES	NO	NO	NO	NO	YES	YES
001194	CHICKEN AND BISCUITS	YES	NO	NO	NO	NO	NO	YES	YES
001096	CHICKEN AND WAFFLES	YES	YES	NO	NO	NO	NO	YES	YES
000895	Chicken brd buffalo WG bun	NO	YES	NO	NO	NO	NO	YES	YES
000909	CHICKEN CACCIATORE	YES	YES	NO	NO	NO	NO	YES	YES
000928	Chicken Carbanera	YES	YES	NO	NO	NO	NO	YES	YES
000957	chicken cheese enchiladas	YES	NO	NO	NO	NO	NO	YES	YES
001264	Chicken Cheese Steak 6" wheat	YES	NO	NO	NO	NO	NO	YES	YES
001272	Chicken Cheese Steak 6" white	YES	NO	NO	NO	NO	NO	YES	YES
001189	Chicken Cheese Steak 6" Buffal	YES	NO	NO	NO	NO	NO	YES	YES
000736	Chicken Cheese Steak 6" CLUB	YES	NO	NO	NO	NO	NO	YES	YES
000882	Chicken Cordon Bleu	YES	YES	NO	NO	NO	NO	YES	YES
000975	Chicken Cordon Bleu Casserole	YES	NO	NO	NO	NO	NO	YES	YES
000726	CHICKEN CUT UP, USDA #A515, TH	NO	NO	NO	NO	NO	NO	YES	YES
000910	CHICKEN CUT UP, BBQ USDA #A515,	NO	NO	NO	NO	YES	NO	YES	YES
000902	CHICKEN DIVAN	YES	YES	NO	NO	NO	NO	YES	YES
000738	Chicken Fajita	YES	NO	NO	NO	NO	NO	YES	YES
000883	CHICKEN FIESTA BOWL	YES	NO	NO	NO	NO	NO	YES	YES
000991	CHICKEN FIESTA SOFT TACO	YES	NO	NO	NO	NO	NO	YES	YES

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001366	Chicken Fryz Goldkist	YES	NO	NO	NO	NO	NO	YES	YES
001278	Chicken grill buff WG bun EHS	NO	NO	NO	NO	NO	NO	YES	YES
001110	Chicken grill buffalo WG bun	NO	NO	NO	NO	NO	NO	YES	YES
001134	CHICKEN GRILLED BBQ ON BUN	NO	NO	NO	NO	YES	NO	YES	YES
001282	CHICKEN GRILLED BBQ ON BUN EH	NO	NO	NO	NO	YES	NO	YES	YES
001129	CHICKEN GRILLED RANCH/BBQ	YES	YES	NO	NO	YES	NO	YES	YES
001275	CHICKEN GRILLED RANCH/BBQ EH	YES	YES	NO	NO	YES	NO	YES	YES
001343	Chicken Nugget breaded Goldkis	YES	YES	NO	NO	NO	NO	YES	YES
000621	Chicken Nugget UNBREADED Gol	NO	YES	NO	NO	NO	NO	YES	NO
001245	Chicken Parmesan Sandwich	YES	YES	NO	NO	NO	NO	YES	YES
000730	Chicken Parmesan Sandwich 1.5	YES	YES	NO	NO	NO	NO	YES	YES
000907	CHICKEN PASTA BAKE	YES	YES	NO	NO	NO	NO	YES	YES
001306	CHICKEN PASTA BAKE EHS	YES	YES	NO	NO	NO	NO	YES	YES
000626	Chicken patty, Goldkist, 18698	NO	YES	NO	NO	NO	NO	YES	YES
001309	Chicken patty, mini on WG BUN	YES	YES	NO	NO	NO	NO	YES	YES
000871	Chicken pty,SPICY Goldkist,	NO	YES	NO	NO	NO	NO	YES	YES
000789	CHICKEN SALAD	YES	YES	NO	NO	NO	NO	YES	NO
001103	CHICKEN SLIDERS	YES	YES	NO	NO	NO	NO	YES	YES
000892	CHICKEN SPAGHETTI CASSEROLE	YES	YES	NO	NO	NO	NO	YES	YES
001270	Chicken Steak 6"wheat	NO	NO	NO	NO	NO	NO	YES	YES
000775	Chicken Steak 6"white	NO	NO	NO	NO	NO	NO	YES	YES
000787	CHICKEN STIR FRY	NO	NO	NO	NO	NO	NO	YES	YES
000623	Chicken Strips GOLDKIST	NO	YES	NO	NO	NO	NO	YES	YES
000773	Chicken Strips BBQ	NO	YES	NO	NO	YES	NO	YES	YES
000774	Chicken Strips Buffalo	NO	YES	NO	NO	NO	NO	YES	YES
000759	CHICKEN TACOS	YES	NO	NO	NO	NO	NO	YES	YES
005025	CHICKEN TETRAZZINI	YES	YES	NO	NO	NO	NO	YES	YES
000921	Chicken Tetrazzini- LMMS	YES	YES	NO	NO	NO	NO	YES	YES
001202	CHICKEN W/ BOW TIES	YES	YES	NO	NO	NO	NO	YES	YES
000878	CHICKEN, BREADED, GOV'T 7 PC	YES	YES	NO	NO	NO	NO	YES	YES
000652	CHICKEN,herbed PIECES	NO	NO	NO	NO	NO	NO	NO	YES
000981	CHOCOLATE APPLESAUCE CAKE	YES	YES	NO	NO	NO	NO	YES	YES
000980	CHOCOLATE BANANA CAKE	YES	YES	NO	NO	NO	NO	YES	YES
001151	choose 2 CAESAR	YES	NO	NO	NO	YES	NO	YES	YES
001167	choose 2 CHICKEN RANCH WRAP	YES	YES	NO	NO	NO	NO	YES	YES
001155	choose 2 EGG SALAD DELI BUN	YES	YES	NO	NO	NO	NO	YES	YES
001160	choose 2 EGG SALAD SLICED BRD	YES	YES	NO	NO	NO	NO	YES	YES
001153	choose 2 GREEK	YES	NO	NO	NO	NO	NO	NO	NO
001166	choose 2 GRILLED CHICKEN BK	NO	NO	NO	NO	NO	NO	YES	YES
001162	choose 2 HAM & CHZ DELI BUN	YES	NO	NO	NO	NO	NO	YES	YES
001163	choose 2 HAM & CHZ PINWHEEL	YES	NO	NO	NO	NO	NO	YES	YES
001152	choose 2 ORIENTAL	NO	NO	NO	NO	NO	NO	NO	YES
001157	choose 2 TUNA SALAD DELI BUN	YES	YES	NO	NO	YES	NO	YES	YES
001159	choose 2 TUNA SALAD SLICED BRD	YES	YES	NO	NO	YES	NO	YES	YES
001164	choose 2 TURKEY & CHZ DELI BUN	YES	NO	NO	NO	NO	NO	YES	YES
001165	choose 2 TURKEY & CHZ WRAP	YES	NO	NO	NO	NO	NO	YES	YES
000315	Cooked carrots	YES	NO	NO	NO	NO	NO	YES	NO
001115	Cookie Emmaus High Red/Fat	YES	YES	NO	NO	NO	NO	YES	YES
000317	CORN	YES	NO	NO	NO	NO	NO	YES	NO

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Rec. #	Description	Milk	Egg	Peanut	Tree Nut	Fish	Shellfish	Soy	Wheat
001303	CORN & PEA MEDLEY	YES	NO	NO	NO	NO	NO	YES	NO
001316	CORN DOG NUGGETS	YES	YES	NO	NO	NO	NO	YES	YES
000032	CORN ON THE COB: frozen,boiled	YES	NO	NO	NO	NO	NO	YES	NO
000188	CORNBREAD	YES	YES	NO	NO	NO	NO	YES	YES
001220	CRACKER, SALTINE RH 26274	NO	NO	NO	NO	NO	NO	YES	YES
001217	CRACKERS, GRAHAM pk Reinhart	NO	NO	NO	NO	NO	NO	YES	YES
001227	CROUTON, HOMEMADE	NO	NO	NO	NO	NO	NO	YES	YES
005047	CUCUMBER SALAD	NO	YES	NO	NO	NO	NO	YES	NO
001116	CUTIE PIE APPLE	NO	NO	NO	NO	NO	NO	YES	YES
001117	CUTIE PIE CHERRY	NO	NO	NO	NO	NO	NO	YES	YES
001118	CUTIE PIE PEACH	NO	NO	NO	NO	NO	NO	YES	YES
000717	DOMINO PIZZA PIE, 8 SLICES PER	YES	NO	NO	NO	NO	NO	YES	YES
001113	Dressing BLUE CHEESE RH 17242	YES	YES	NO	NO	NO	NO	YES	YES
000544	Dressing French FF RH 17394	NO	NO	NO	NO	NO	NO	NO	YES
001111	DRESSING ITALIAN LITE RH J2820	NO	NO	NO	NO	NO	NO	YES	NO
000849	DRESSING ITALIAN Rh 58588	NO	NO	NO	NO	NO	NO	YES	NO
000393	Dressing Ranch FULL RH 23084	YES	YES	NO	NO	NO	NO	YES	YES
001112	Dressing Ranch R/CAL RH J2688	YES	YES	NO	NO	NO	NO	YES	YES
001250	EGG /SAUSAGE ON A BAGEL	YES	YES	NO	NO	NO	NO	YES	YES
000777	EGG /SAUSAGE SANDWICH	YES	YES	NO	NO	NO	NO	YES	YES
001281	EGG /SAUSAGE SANDWICH EHS	YES	YES	NO	NO	NO	NO	YES	YES
001139	EGG PATTY BREAKFAST NO CHZ	NO	YES	NO	NO	NO	NO	YES	YES
001017	EGG PATTY w/ CHZ 2oz	YES	YES	NO	NO	NO	NO	YES	YES
001201	EGG PATTY W/ CHZ BAGEL	YES	YES	NO	NO	NO	NO	YES	YES
000723	EGG PATTY W/ CHZ elem	YES	YES	NO	NO	NO	NO	YES	YES
001156	EGG SALAD	YES	YES	NO	NO	NO	NO	YES	NO
000778	EGG, SAUSAGE, CHZ PATTY cluEHS	YES	YES	NO	NO	NO	NO	YES	YES
000785	EGGS, Scramble from USDA froz	NO	YES	NO	NO	NO	NO	NO	NO
001221	Fish Patty NO BUN	YES	YES	NO	NO	YES	NO	YES	YES
000900	Fish Sandwich	YES	YES	NO	NO	YES	NO	YES	YES
000576	Fish Sandwich W/ Cheese EHS	YES	YES	NO	NO	YES	NO	YES	YES
001263	FISH STICK, POLLOCK, 3 PC	YES	YES	NO	NO	YES	NO	YES	YES
000575	FISH STICK, POLLOCK, 4 pc	YES	YES	NO	NO	YES	NO	YES	YES

EAST PENN

Rec. #	Description	Milk	Egg	Peanut	Tree Nut	Fish	Shellfish	Soy	Wheat
000927	FRENCH TOAST SLICE	YES	YES	NO	NO	NO	NO	YES	YES

EAST PENN

Rec. #	Description	Milk	Egg	Peanut	Tree Nut	Fish	Shellfish	Soy	Wheat
001036	FRENCH TOAST STICKS 3 EACH	YES	YES	NO	NO	NO	NO	YES	YES
000823	FRIED RICE CHICKEN	NO	NO	NO	NO	NO	NO	YES	YES
000822	FRIED RICE PORK	NO	NO	NO	NO	NO	NO	YES	YES
000846	FRIES, 3/8" KRINKLE	NO	NO	NO	NO	NO	NO	YES	NO
001144	FRUITED CAKE EHS	YES	YES	NO	YES	NO	NO	YES	YES

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EAST PENN

005000	GRANOLA	NO	NO	NO	NO	NO	NO	YES	YES
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Rec. #	Description	Milk	Egg	Peanut	Tree Nut	Fish	Shellfish	Soy	Wheat
001171	GRAVY,bag Rh 15080	YES	NO	NO	NO	NO	NO	YES	YES
000746	GRAVY,BROWN,CND	NO	NO	NO	NO	NO	NO	YES	YES
000745	GRAVY,CHICKEN,CANNED Rh 28226	YES	NO	NO	NO	NO	NO	YES	YES
000761	Green Bean Salad	NO	NO	NO	NO	NO	NO	YES	NO
000318	GREEN BEANS Canned USDA	YES	NO	NO	NO	NO	NO	YES	NO
001336	GREEN BEANS STEAMED	YES	NO	NO	NO	NO	NO	YES	NO
001265	GRILL CHZ SAND milano	YES	NO	NO	NO	NO	NO	YES	YES
000579	GRILL CHZ SAND SPRAY wheat	YES	NO	NO	NO	NO	NO	YES	YES
001224	GRILLED CHICKEN BREAST	NO	NO	NO	NO	NO	NO	YES	NO
000753	GRILLED CHICKEN on bun	NO	NO	NO	NO	NO	NO	YES	YES
001289	GRILLED CHICKEN on club	NO	NO	NO	NO	NO	NO	YES	YES
001109	GRILLED CHICKEN W/CHZ clubEHS	YES	NO	NO	NO	NO	NO	YES	YES
001193	GRINDER BBQ ranch peppeCHICKEN	YES	YES	NO	NO	YES	NO	YES	YES
001181	GRINDER, CHEESEBURGER	YES	NO	NO	NO	NO	NO	YES	YES
001252	GRINDER, CHICKEN BUFFALO	YES	NO	NO	NO	NO	NO	YES	YES
001183	GRINDER, Chicken Cordon Bleu	YES	YES	NO	NO	NO	NO	YES	YES
001248	GRINDER, Chicken PARMESAN	YES	YES	NO	NO	NO	NO	YES	YES
000987	GRINDER, SPICY ITALIAN	YES	NO	NO	NO	NO	NO	YES	YES
001188	GRINDER, SW TURKEY & CHEESE	YES	NO	NO	NO	NO	NO	YES	YES
000160	GROUND BEEF & SPANISH RICE A	YES	NO	NO	NO	NO	NO	YES	YES
000159	GROUND BEEF STROGANOFF	YES	NO	NO	NO	NO	NO	YES	YES
001190	Halupki	NO	NO	NO	NO	NO	NO	NO	YES
001023	Ham & Cheese on bun cold	YES	NO	NO	NO	NO	NO	YES	YES
001305	HAM & CHZ HOT ON BAGEL	YES	NO	NO	NO	NO	NO	YES	YES
001368	HAM & CHZ HOT ON PRETZEL BUN	YES	YES	NO	NO	NO	NO	YES	YES
000780	HAM & CHZ HOT ON WG BUN	YES	NO	NO	NO	NO	NO	YES	YES
001283	HAM & CHZ HOT ON WG BUN EHS	YES	NO	NO	NO	NO	NO	YES	YES
000853	Ham & Chz Sndwich Grilled sl.	YES	NO	NO	NO	NO	NO	YES	YES
000963	HAM SLICE WITH PINEAPPLE GLAZ	YES	NO	NO	NO	NO	NO	YES	NO
001095	HAM TETRAZZINI (HAM & NOODLES	YES	YES	NO	NO	NO	NO	NO	YES
001253	HAM, EGG, CHZ BAGEL EHS	YES	YES	NO	NO	NO	NO	YES	YES
000781	HAM, EGG, CHZ PATTY EHS	YES	YES	NO	NO	NO	NO	YES	YES
000744	Hamburger Bun, Butterkrust	NO	NO	NO	NO	NO	NO	YES	YES
000483	Hamburger on Bun	NO	NO	NO	NO	NO	NO	YES	YES
000838	HASHBROWN PATTY B4798	NO	NO	NO	NO	NO	NO	YES	NO
000291	HEARTY MACARONI DINNER	NO	YES	NO	NO	NO	NO	NO	YES
000399	HOAGIE, 3 MEAT	YES	NO	NO	NO	NO	NO	YES	YES
001323	HOAGIE, 3 MEAT on club	YES	NO	NO	NO	NO	NO	YES	YES

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Allergens & Food Sensitivity

Rec. #	Description	Milk	Egg	Peanut	Tree Nut	Fish	Shellfish	Soy	Wheat
000869	HOMEMADE BBQ Pizza	YES	NO	NO	NO	YES	NO	YES	YES
000867	Homemade Buffalo Pizza	YES	YES	NO	NO	NO	NO	YES	YES
000868	HOMEMADE CHEESE Pizza	YES	NO	NO	NO	NO	NO	YES	YES
000875	Homemade Pepperoni Pizza	YES	NO	NO	NO	NO	NO	YES	YES
000898	HOMEMADE PIZZA W/ BROCCOLI	YES	NO	NO	NO	NO	NO	YES	YES
000917	HOMEMADE PIZZA, MOZZ/BASIL	YES	NO	NO	NO	NO	NO	YES	YES
001249	HOMEMADE WHITE PIZZA	YES	NO	NO	NO	NO	NO	YES	YES
000828	HOT APPLE SLICES	YES	NO	NO	NO	NO	NO	YES	NO
000642	HOT DOG BAR	YES	NO	NO	NO	NO	NO	YES	YES
001267	HOT ITAL HOAGIE 6" wheat stk	YES	NO	NO	NO	NO	NO	YES	YES
001321	HOT ITAL HOAGIE wheat, marinara	YES	NO	NO	NO	NO	NO	YES	YES
001310	HOT ITALIAN HOAGIE WG BUN	YES	NO	NO	NO	NO	NO	YES	YES
000873	HOT ITALIAN HOAGIE wheat club	YES	NO	NO	NO	NO	NO	YES	YES
001273	HOT ITALIAN HOAGIE white 6"stk	YES	NO	NO	NO	NO	NO	YES	YES
000874	HOT POCKET	YES	YES	NO	NO	NO	NO	YES	YES
000908	HOT TUSCAN HOAGIE	YES	NO	NO	NO	NO	NO	YES	YES
001274	HOT TUSCAN HOAGIE 6" wheat	YES	NO	NO	NO	NO	NO	YES	YES
001322	HOT TUSCAN HOAGIE wheat marina	YES	NO	NO	NO	NO	NO	YES	YES
000816	Hotdog on Bun	NO	NO	NO	NO	NO	NO	YES	YES
000877	Hotdog on Bun W/ CHEESE	YES	NO	NO	NO	NO	NO	YES	YES
001330	ITALIAN DRESSING 2 OZ	NO	NO	NO	NO	NO	NO	YES	YES
000992	ITALIAN DUNKERS STICKS	YES	NO	NO	NO	NO	NO	YES	YES
001355	jelly bread	NO	NO	NO	NO	NO	NO	NO	YES
001326	KETCHUP 1 OZ	NO	NO	NO	NO	NO	NO	YES	NO
000749	LASAGNA WITH GROUND BEEF	YES	YES	NO	NO	NO	NO	NO	YES
001213	LENTIL SOUP	NO	NO	NO	NO	NO	NO	YES	NO
001170	LIMA BEANS: canned,cooked	YES	NO	NO	NO	NO	NO	YES	NO
001337	LOCO PITA BREAD	YES	NO	NO	NO	NO	NO	YES	YES
000164	MACARONI & CHEESE	YES	YES	NO	NO	NO	NO	YES	YES
001318	MACARONI & CHEESE EHS	YES	YES	NO	NO	NO	NO	YES	YES
000961	MACARONI AND CHEESE w/ HAM	YES	YES	NO	NO	NO	NO	YES	YES
000914	MACARONI CARBONARA	YES	YES	NO	NO	NO	NO	YES	YES
000818	MACARONI SALAD	YES	YES	NO	NO	NO	NO	YES	YES
000721	MARINARA	NO	NO	NO	NO	NO	NO	YES	NO
001098	Marinara sauce homemade	NO	NO	NO	NO	NO	NO	YES	NO
000719	MASHED POTATO, DRY CANNED, R	YES	NO	NO	NO	NO	NO	YES	NO
000547	Mayonaise REDUCED FAT	NO	YES	NO	NO	NO	NO	YES	NO
000850	Mayonnaise heavy duty Reinhart	NO	YES	NO	NO	NO	NO	YES	NO
001328	MAYONNAISE PK	YES	YES	NO	NO	NO	NO	YES	NO
000851	MAYONNAISE:individual PC	NO	YES	NO	NO	NO	NO	YES	NO
000815	MEAT SAUCE	NO	NO	NO	NO	NO	NO	YES	NO
000501	MEATBALL & MOZZ CLUB wheat	YES	NO	NO	NO	NO	NO	YES	YES
001284	MEATBALL & MOZZ CLUB wheat EHS	YES	NO	NO	NO	NO	NO	YES	YES
001262	MEATBALL & MOZZ SUB 6" WHEAT	YES	NO	NO	NO	NO	NO	YES	YES
001246	MEATBALL & MOZZ SUB 6" white	YES	NO	NO	NO	NO	NO	YES	YES
001180	MEATBALL GRINDER	YES	NO	NO	NO	NO	NO	YES	YES
001290	MEATBALL no chz SUB 6" WHEAT	NO	NO	NO	NO	NO	NO	YES	YES
001247	MEATBALL no chz SUB 6" white	YES	NO	NO	NO	NO	NO	YES	YES

East Penn School District

Allergens & Food Sensitivity

Rec. #	Description	Milk	Egg	Peanut	Tree Nut	Fish	Shellfish	Soy	Wheat
EAST PENN									

Rec. #	Description	Milk	Egg	Peanut	Tree Nut	Fish	Shellfish	Soy	Wheat
000725	MEATBALL STROGANOFF	YES	YES	NO	NO	NO	NO	YES	YES

EAST PENN

Rec. #	Description	Milk	Egg	Peanut	Tree Nut	Fish	Shellfish	Soy	Wheat
001261	MEATBALL SUB NO CHZ 1.5	YES	NO	NO	NO	NO	NO	YES	YES
000814	MEATBALLS	YES	NO	NO	NO	NO	NO	YES	YES
001234	MEATBALLS SECONDARY	YES	NO	NO	NO	NO	NO	YES	YES
000810	MEATLOAF	YES	YES	NO	NO	NO	NO	YES	YES
000958	Mexican Side Salad	YES	YES	NO	NO	NO	NO	YES	YES
001119	MILK, FAT FREE Chocolate	YES	NO	NO	NO	NO	NO	NO	NO
000230	MILK, 1% Lowfat	YES	NO	NO	NO	NO	NO	NO	NO
000433	MIXED VEGETABLES: frozen, boiled	YES	NO	NO	NO	NO	NO	YES	NO
000766	Muffin Otis Rh 61418	YES	YES	NO	NO	NO	NO	YES	YES
000756	MULTI-GRAIN BUN #795	NO	NO	NO	NO	NO	NO	YES	YES
001292	NACHO BAR beef high	YES	NO	NO	NO	NO	NO	YES	YES
000896	NACHO BAR beef middle	YES	NO	NO	NO	NO	NO	YES	YES
001293	NACHO BAR chicken high	NO	NO	NO	NO	NO	NO	YES	YES
001294	NACHO BAR chicken MIDDLE	NO	NO	NO	NO	NO	NO	YES	YES
001230	NACHO MEAT MIDDLE	NO	NO	NO	NO	NO	NO	NO	YES
001231	NACHOS CHIPS / BREAD MIDDLE	NO	NO	NO	NO	NO	NO	YES	YES
001225	NACHOS W/ CHICKEN ELEM EP	NO	NO	NO	NO	NO	NO	YES	YES
000694	NACHOS W/ GROUND BEEF ELEM E	NO	NO	NO	NO	NO	NO	NO	YES
001100	NOODLES, Egg	NO	YES	NO	NO	NO	NO	YES	YES
000784	Pancakes, Mrs Buttwrth, RH#415	YES	YES	NO	NO	NO	NO	YES	YES
000956	Pancakes, W/ topping	YES	YES	NO	NO	NO	NO	YES	YES
001185	PANINI CHICKEN SOUTHWEST	YES	NO	NO	NO	NO	NO	YES	YES
001182	PANINI, BBQ CHICKEN	YES	NO	NO	NO	YES	NO	YES	YES
001091	PANINI, BEEF TERIYAKI	YES	NO	NO	NO	NO	NO	YES	YES
001090	PANINI, CHICKEN BUFFALO	YES	NO	NO	NO	NO	NO	YES	YES
000982	PANINI, CHICKEN RANCH	YES	YES	NO	NO	NO	NO	YES	YES
001186	PANINI, EL FAJITA MOZZ/PEP	YES	YES	NO	NO	NO	NO	YES	YES
000986	PANINI, ITALIAN HAM	YES	NO	NO	NO	NO	NO	YES	YES
001254	PANINI, MOZZ/BASIL	YES	NO	NO	NO	NO	NO	YES	YES
000984	PANINI, PIPERATO	YES	YES	NO	NO	NO	NO	YES	YES
000989	PANINI, TACO	YES	NO	NO	NO	NO	NO	YES	YES
000990	PANINI, TURKEY & CHEESE	YES	NO	NO	NO	NO	NO	YES	YES
001297	PASTA BAR HIGH RED CHICKEN	NO	YES	NO	NO	NO	NO	YES	YES
001295	PASTA BAR HIGH RED SAUCE	YES	YES	NO	NO	NO	NO	YES	YES
001298	PASTA BAR HIGH white CHICKEN	YES	YES	NO	NO	NO	NO	YES	YES
001296	PASTA BAR MIDDLE RED CHICKEN	NO	YES	NO	NO	NO	NO	YES	YES
000897	PASTA BAR MIDDLE RED SAUCE	YES	YES	NO	NO	NO	NO	YES	YES
001334	PASTA BAR MIDDLE white CHICKEN	YES	NO	NO	NO	NO	NO	YES	YES
000819	PASTA SALAD	YES	YES	NO	NO	NO	NO	YES	YES

East Penn School District

Allergens & Food Sensitivity

Rec. #	Description	Milk	Egg	Peanut	Tree Nut	Fish	Shellfish	Soy	Wheat
001022	Sausage & CHEESE Sandwich	YES	NO	NO	NO	NO	NO	YES	YES
001287	Sausage & CHEESE Sandwich EHS	YES	NO	NO	NO	NO	NO	YES	YES
000854	Sausage 2 PATTY	NO	NO	NO	NO	NO	NO	NO	YES
001024	Sausage LINK LUNCH f8090	NO	NO	NO	NO	NO	NO	NO	YES
000926	Sausage Pancake Wrap Brk Rh F7	NO	YES	NO	NO	NO	NO	YES	YES
001228	Sausage PATTY	NO	NO	NO	NO	NO	NO	NO	YES
001199	SAUSAGE, CHZ bagel	YES	NO	NO	NO	NO	NO	YES	YES
001200	SAUSAGE, CHZ BISCUIT	YES	NO	NO	NO	NO	NO	YES	YES
000713	Scalloped Potatoes, Dry Mix, R	YES	NO	NO	NO	NO	NO	YES	YES
000800	SHEPHERD'S PIE	YES	NO	NO	NO	NO	NO	YES	YES
000114	SLOPPY JOE ON BUN	NO	NO	NO	NO	NO	NO	YES	YES
001365	SOFT TACO BEEF & CHEESE	YES	NO	NO	NO	NO	NO	YES	YES
000757	SPAGHETTI	NO	YES	NO	NO	NO	NO	NO	YES
000734	SPAGHETTI AND MEATBALLS	YES	YES	NO	NO	NO	NO	YES	YES
001141	SPAGHETTI PIE	YES	YES	NO	NO	NO	NO	YES	YES
000824	SPANISH RICE	NO	NO	NO	NO	NO	NO	YES	YES
001206	SPANISH RICE w/ corn & Limas	YES	NO	NO	NO	NO	NO	YES	YES
000959	SPINACH MANDARIN SALAD	NO	NO	NO	NO	NO	NO	YES	NO
000706	Strawberry w/ whip topping	YES	NO	NO	NO	NO	NO	NO	NO
000313	Stromboli ham & Chz w/ sauce	YES	NO	NO	NO	NO	NO	YES	YES
001370	Stromboli ham & Chz w/ sauce	YES	YES	NO	NO	NO	NO	YES	YES
001191	SUCCOTASH	YES	NO	NO	NO	NO	NO	YES	NO
001173	SUNBUTTER & JELLY	YES	NO	NO	NO	NO	NO	YES	YES
001291	SUNBUTTER DEBT LUNCH	YES	NO	NO	NO	NO	NO	YES	YES
000811	SWEDISH MEATBALLS	YES	NO	NO	NO	NO	NO	YES	YES
000788	SWEET AND SOUR CHICKEN	NO	NO	NO	NO	NO	NO	YES	YES
001216	SWEET AND SOUR CHICKEN W/ VE	NO	NO	NO	NO	NO	NO	YES	YES
001258	SWEET AND SOUR CHICKEN w/pepp	NO	NO	NO	NO	NO	NO	YES	YES
000865	Sweet and sour meatballs	YES	NO	NO	NO	NO	NO	YES	YES
000741	SWEET POTATO BAKE	YES	NO	NO	NO	NO	NO	YES	NO
000887	SWEET POTATOES	YES	NO	NO	NO	NO	NO	YES	NO
001311	SWT AND SOUR CHICK W/ VEG EHS	NO	NO	NO	NO	NO	NO	YES	YES
000769	Syrup cup 1.5 oz Rh	NO	NO	NO	NO	NO	NO	NO	YES
005028	TACO BAKE W/ GR. BEEF	YES	YES	NO	NO	NO	NO	NO	YES
000976	TATOR TOT BAKE	YES	NO	NO	NO	NO	NO	YES	YES
001147	Tex Mex dipping sauce	YES	YES	NO	NO	NO	NO	YES	YES
000972	Tex Mex Pasta Side Salad	YES	YES	NO	NO	NO	NO	YES	YES
000821	THREE BEAN SALAD	NO	NO	NO	NO	NO	NO	YES	YES
001044	TOAST,WHEAT BREAD CINNAMON	NO	NO	NO	NO	NO	NO	YES	YES
000407	TOASTED HAM*CHEESE WHEAT	YES	NO	NO	NO	NO	NO	YES	YES
001266	TOASTED TK HAM*CHEESE WHITE	YES	NO	NO	NO	NO	NO	YES	YES
000798	TOMATO SOUP	YES	NO	NO	NO	NO	NO	YES	YES
001106	Toppings- Lettuce, salsa, chz	YES	NO	NO	NO	NO	NO	NO	YES
000813	TUNA AND NOODLES	YES	YES	NO	NO	YES	NO	YES	YES
000019	TUNA SALAD	YES	YES	NO	NO	YES	NO	YES	NO
000993	TURKEY & CHEESE ON WG BUN	YES	NO	NO	NO	NO	NO	YES	YES
001196	TURKEY & Cheese Sand (SLICED)	YES	NO	NO	NO	NO	NO	YES	YES
000414	TURKEY & CHEZ WHT CLUB ROLL 6	YES	NO	NO	NO	NO	NO	YES	YES
001354	TURKEY & CHEZ WHT DELI THIN	YES	NO	NO	NO	NO	NO	YES	YES

East Penn School District

Allergens & Food Sensitivity

Rec. #	Description	Milk	Egg	Peanut	Tree Nut	Fish	Shellfish	Soy	Wheat
000737	TURKEY & GRAVY OVER BREAD	YES	NO	NO	NO	NO	NO	YES	YES
001314	TURKEY & GRAVY OVER BREAD EH	YES	NO	NO	NO	NO	NO	YES	YES
001107	TURKEY ALA KING	YES	NO	NO	NO	NO	NO	YES	YES
000382	TURKEY AND WAFFLES W/GRVY	YES	YES	NO	NO	NO	NO	YES	YES
001317	TURKEY BBQ pulled ON HOT DOG	NO	NO	NO	NO	YES	NO	YES	YES
000886	TURKEY BBQ pulled SANDWICH	NO	NO	NO	NO	YES	NO	YES	YES
001304	TURKEY BBQ pulled SANDWICH ehs	NO	NO	NO	NO	YES	NO	YES	YES
000389	turkey melt	YES	NO	NO	NO	NO	NO	YES	YES
000732	TURKEY POT PIE	YES	YES	NO	NO	NO	NO	NO	YES
000783	TURKEY SAUSAGE LINKS	NO	NO	NO	NO	NO	NO	NO	YES
000881	Vegetable Frz. Cal. Blend (Rh)	YES	NO	NO	NO	NO	NO	YES	NO
001214	VEGETABLE SOUP: beans	NO	NO	NO	NO	NO	NO	YES	YES
001351	VEGETABLE SOUP: scratch	NO	NO	NO	NO	NO	NO	YES	YES
000834	VEGETABLES MARINATED	NO	NO	NO	NO	NO	NO	YES	NO
000743	VEGETABLES,MXD,FRZ, RH b3460	YES	NO	NO	NO	NO	NO	YES	NO
001061	VEGETARIAN BEANS	NO	NO	NO	NO	NO	NO	YES	NO
000751	VEGETARIAN CHILI	NO	NO	NO	NO	NO	NO	YES	NO
000283	VEGGIE FRIED RICE	NO	YES	NO	NO	NO	NO	YES	NO
000767	Waffles Rh 41484 breakfast	YES	YES	NO	NO	NO	NO	YES	YES
000722	Wheat Penne Casserole	YES	YES	NO	NO	NO	NO	NO	YES
000716	WHEAT SLICE SCHOOL (BUTTERKR	NO	NO	NO	NO	NO	NO	YES	YES
000612	Whipped Topping	YES	NO	NO	NO	NO	NO	YES	NO
001226	WHITE CHICKEN CHILI	NO	NO	NO	NO	NO	NO	YES	NO
001140	WHITE SAUCE: ALFREDO	YES	NO	NO	NO	NO	NO	YES	YES
000978	WHOLE GRAIN BANANA OATMEAL	YES	YES	NO	NO	NO	NO	YES	YES
001338	WRAP 10" DELI	YES	NO	NO	NO	NO	NO	YES	YES
001031	WRAP BBQ CHICKEN	NO	NO	NO	NO	YES	NO	YES	YES
001032	WRAP BUFFALO CHICKEN	NO	NO	NO	NO	NO	NO	YES	YES
001369	WRAP CHICK STRIP SNACKER ALT	YES	YES	NO	NO	NO	NO	YES	YES
000864	WRAP CHICK STRIP SNACKER HIG	YES	YES	NO	NO	NO	NO	YES	YES
000970	WRAP CHICKEN CAESAR	YES	YES	NO	NO	YES	NO	YES	YES
001128	WRAP Chicken spicy patty HIGH	YES	YES	NO	NO	NO	NO	YES	YES
000410	WRAP GRILLED CHICKEN FAJITA	NO	NO	NO	NO	NO	NO	YES	YES
001341	WRAP GRILLED CHICKEN RANCH	YES	NO	NO	NO	NO	NO	YES	YES
001148	WRAP SMOKED HAM w/ cheddar chz	YES	NO	NO	NO	NO	NO	YES	YES
001030	WRAP TUNA W/ CHEESE	YES	YES	NO	NO	YES	NO	YES	YES
001120	WRAP Vegetable	YES	YES	NO	NO	NO	NO	YES	YES
001229	Yogurt 8 oz Dairy Pocono	YES	NO	NO	NO	NO	NO	NO	NO
000955	Yogurt Parfait	YES	NO	YES	YES	NO	NO	YES	YES
001347	YOGURT WITH CINN ROLL UP	YES	NO	NO	NO	NO	NO	YES	YES