

EAST PENN SCHOOL DISTRICT
800 Pine Street
Emmaus, PA 18049



COMMUNITY RESOURCE BOOKLET

Phone: 610-966-8300

Website: www.eastpennsd.org

August 2012

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For information regarding 1) civil rights, 2) grievance procedures, 3) services, activities and facilities that are accessible to and usable by handicapped persons, or 4) employee or participant complaints of harassment or discrimination, contact Mrs. Noelle Keeler, Compliance Officer, 800 Pine Street, Emmaus, PA 18049. The Federal Drug-Free Workplace Act requires that your workplace be free of the illegal use of drugs and requires that we issue the following statement to you: No one is allowed to use, make, sell, distribute or have in their possession any illegal drugs. Any violation of the act will lead to severe disciplinary action which will normally include dismissal.

This resource directory was created from a variety of sources for the expressed purpose of providing the East Penn School District with community resource information. It is updated annually to reflect the most current services available. In no way, is this an endorsement of any particular program or agency, but rather this serves as a directory of supports available in our local community.

The District had permission to reproduce much of this information from Community Service for Children, Inc.'s Community Resource Book. It has since grown to include any resource that seems pertinent or helpful to the families in the district.

If you find inaccurate information as you use this directory or feel a valuable resource is absent, please contact East Penn School District's Home and School Visitor, at 610-966-8448 or internally at extension 33040; therefore, corrections can be made when the Directory is updated annually.

Home and School Visitor
East Penn School District

Hotlines and Emergency Numbers

Lehigh County Information and Referral:
610-782-3200

First step in accessing any county services
(Children & Youth, MH/MR, Agency on Aging, Substance Abuse and Early Intervention)

HOTLINES

CRIME VICTIM'S COUNCIL
610-437-6611

Hotline for victims of sexual abuse/assault

CRISIS INTERVENTION
610-782-3127

Emergency mental health assistance; 24 hours
a day, 7 days a week.

PROJECT CHILD
610-691-1200

24-hour hotline for parents at risk of abuse.

VALLEY WIDE HELP
Dial 2-1-1

Information and referral service.
Bilingual staff.

GAMBLING ADDICTION
24-hour Hotline
1-877-565-2112

ALCOHOL / DRUG ABUSE

LEHIGH COUNTY DRUG AND ALCOHOL
INTAKE UNIT
610-432-2228

Assessment and referral for drug problems for
adults and adolescents.

AL-ANON or ALATEEN
610-740-3700, 1-888-425-2666

Provides an updated listing of support groups
in the Lehigh Valley for relatives and friends of
alcoholics.

ALCOHOLICS ANONYMOUS
610-882-0558

Provides an updated listing of AA support
groups in the Lehigh Valley

NARCOTICS ANONYMOUS
610-439-1998

CHILD ABUSE

CHILDLINE AND ABUSE REGISTRY
1-800-932-0313

Call to report suspected child abuse. All
phone calls are confidential. Operates 24/7.

LEHIGH COUNTY OFFICE OF CHILDREN
AND YOUTH
610-782-3064
Child protection services

DATE RAPE & FAMILY VIOLENCE

CRIME VICTIM'S COUNCIL
OF THE LEHIGH VALLEY
610-437-6610

Individual and group counseling; court
accompaniment; support groups for children
and adults; education and prevention.

TURNING POINT OF THE LEHIGH VALLEY
610-437-3369

Domestic violence hotline.

EMERGENCY SHELTER

TURNING POINT OF THE LEHIGH VALLEY
610-437-3369

Domestic violence hotline.

VALLEY YOUTH HOUSE
610-691-1200

Hotline for homeless youth. Provides shelter
and transitional housing for youths 12 - 17.

FREE HIV/STD TESTING

ALLENTOWN HEALTH BUREAU
610-437-7754

Free confidential testing; other health services
available

MATERNAL CHILD HEALTH

PLANNED PARENTHOOD OF NORTHEAST
PENNSYLVANIA
610-439-1033

Provides reproductive health services,
counseling, walk-in pregnancy testing, STD
testing and treatment.

CARE-NET PREGNANCY CENTERS OF THE
LEHIGH VALLEY

484-223-3958 (Wescosville)

Free pregnancy testing, counseling, referrals
for other needs, baby items.

MATERNAL CHILD HEALTH (cont.)

LEHIGH VALLEY HOSPITAL HEALTH
HOTLINE
610-402-2273

Information on health issues, pregnancy,
doctor referrals and second opinions.

CATHOLIC CHARITIES
610-435-1541
Counseling, pregnancy, mental health
concerns.

ALLENTOWN, WOMEN'S CENTER
484-821-0821
Gynecological services

MENTAL HEALTH

LEHIGH COUNTY CRISIS HOTLINE
610-782-3127
Emergency mental health services for suicide
ideation and other serious personal issues.

KIDS PEACE
610-799-8000
Helping kids overcome crisis. Offers a variety
of inpatient and outpatient programs for
children and teens.
www.kidspeace.org/penn.htm

FAMILY ANSWERS
610-435-9651
Affordable counseling services for families,
children and individuals
(sliding-fee scale for the uninsured)

THE WARMLINE
610-820-8451
For mental health concerns, you can call
anytime, 24 hours, if you need someone to
listen, someone who cares. They can provide
resources if needed.
In Spanish - 484-233-0785, 6-10 PM daily.

<http://www.lvhsdirectory.com/>

Lehigh Valley Resource Directory/
Lehigh Valley directory for mental health, drug
& alcohol, crisis resources

POLICE

Alburtis
911 - emergency
610-437-5252 - non-emergency

Emmaus
911 - emergency
610-437-5252 - non-emergency

Macungie
911 - emergency
610-437-5252 - non-emergency

PA State Police
911 - emergency
610-395-1438 - non-emergency

POISON CONTROL

1-800-222-1222
1-800-722-7112

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ADULT EDUCATION / TRAINING / LITERACY

★ ADULT LITERACY CENTER OF THE LEHIGH VALLEY

801 Hamilton Mall, Allentown, PA 18101-2420

610-435-0680

Website: www.theliteracycenter-lv.org

Provides Free GED classes; (client must be able to speak English for these). Provides English as a Second Language for non-English speaking individuals, as well as classes to improve reading and writing skills. All classes are free and held at a variety of locations.

★ BETHLEHEM YWCA - WAND Program -- Women Achieving New Directions

22 West Broad Street, Bethlehem, PA 18018

610-867-4669

WAND helps low income or unemployed women “discover the power within” and get higher-paid occupations. Offers help with job search, resumes, and interviewing skills in a 6-week training program. Free job-appropriate clothing is also available. Open to Northampton and Lehigh County residents.

★ CAREER LINK

State of PA agency providing a “One Stop Center” open to all who need jobs and training. Job referrals for local and state jobs. Classes in resume writing, interviewing, job search, and computers. Provides payment for career training to those eligible. Offers GED/English as a Second Language classes, also Civil Service testing for State jobs on site. Over 20 community partner agencies on-site providing related services like child care referral info, veteran’s resources and unemployment benefit appeals. All services are free. NOTE: Spanish only speakers’ orientation given weekly; call for times. Bilingual services (in Spanish and English) available. New: Basic computer workshops offered in Spanish. Visit their website at www.careerlinkhighvalley.org for more information.

ALLENTOWN CAREER LINK

1601 Union Boulevard, Allentown, PA 18109

610-439-1123, 610-437-5627

TTY: 610-821-6760

Hours: Monday - Friday - 8:00 AM – 4:00 PM; Wednesday 10:30 AM – 7:00 PM.

★ CENTER FOR HUMANISTIC CHANGE

2200 Avenue A, Suite 106, Bethlehem, PA 18017

484-821-0375

Website: www.thechc.org

Training programs in the community for organizations/schools on wellness, parenting, drug and alcohol prevention, and kids experiencing divorce/separation. Peer medication, conflict resolution, violence, bullying prevention and life skills.

ADULT EDUCATION / TRAINING / LITERACY (continued)

- ★ **COMMUNITY ACTION DEVELOPMENT CORPORATION OF ALLENTOWN**
443 North Seventh Street, Allentown, PA 18102
610-433-5703

Learn how to start your own business. Intensive training for low-income first-time business owners through The Start Your Business Program.

- ★ **EAST PENN SCHOOL DISTRICT- Community Relations**
800 Pine Street, Emmaus, PA 18049
610-966-8335
610-966-8300
Website: www.eastpennsd.org

Offers non-credit community education programs in a variety of areas: recreation, exercise and fitness, arts and crafts, CPR, computer classes, etc.

- ★ **HISPANIC AMERICAN ORGANIZATION, INC.**
462 Walnut Street, Allentown, PA 18102
610-435-5334 / Services in Spanish and English

Helps people find employment through a temp agency. Offers GED classes, ESL classes, computer classes. Assists in getting birth certificates. Provides rental assistance for those who are at risk of being evicted or are homeless.

- ★ **JOB CORPS**
267-386-2888 (Philadelphia)
570-477-2221 (Red Rock)
570-788-1164 (Keystone)
www.jobcorps.gov

A GED and job skills program for youth, ages 16 through 24, who have left high school. High school graduates are also eligible for job skills training. It is both a residential program (students live in dorms), and non-residential program and federally funded, so it is free. While they earn their GED, students can learn their skills/trades: auto mechanics, carpentry, health occupations, culinary arts, landscaping and many other areas. There are many recreational opportunities on- or off-site; students receive an allowance.

There are four sites in PA: Hazelton, Ricketts Glenn, Philadelphia and Pittsburgh. A Job Corps representative visits Lehigh Valley Career Link to talk to potential Job Corps enrollees (by appointment).

ADULT EDUCATION / TRAINING / LITERACY (continued)

★ **LEHIGH CARBON COMMUNITY COLLEGE**

Website: www.lccc.edu

City Site:

Donley Center, 718 Hamilton Mall, Allentown, PA 18101
610-799-1940

Main Campus in Schnecksville

4525 Education Park Drive, Schnecksville, PA 18078
610-799-1575

Provides ESL-Adult Basic Education-GED

Preparation and Prep Program, Training classes for credit or non-credit.

Offers Associates (2 year) degrees and various length career training classes to earn certificates.

★ **LEHIGH CAREER & TECHNICAL INSTITUTE (formerly Lehigh County Vo-Tech)**

Community Education Department

4500 Education Park Drive, Schnecksville, PA 18078

610-799-2300

Website: www.lcti.org

GED Testing and School-to-Work program 610-799-1361

Vocational-technical training classes for high school age to adult: construction, CDL, truck driving, mechanical, culinary, health (over 40 skill areas).

★ **NEW CHOICES / NEW OPTIONS PROGRAMS**

610-861-5350 or 1-800-498-6158, Extension 5350

Website: www.northampton.edu/student-resources

Assists single, separated, divorced, widowed individuals and homemakers entering or re-entering the work force. Two areas: Career Exploration and Training, computer, math refresher, college classes. Helps parents update skills and learn new ones.

Child care funding and tuition funding available to those who qualify. New Choices/New Options classes are offered evenings or days. Also helps those interested in non-traditional careers; for example, Heavy Equipment Operator for a woman, Nursing for a male. Available in Lehigh, Northampton, Monroe, and Bucks counties at various sites.

★ **OFFICE OF VOCATIONAL REHABILITATION (OVR)**

45 North Fourth Street (Social Security building), Allentown, PA 18101

610-821-6441

TTY/TDD: 610-821-6144

OVR is a federal program with funding for job training, vocational rehabilitation, and counseling for individuals with physical or mental disabilities who have trouble getting and holding a job. Serves Lehigh, Northampton and Carbon Counties. OVR has a Spanish-speaking counselor 1 day a week. Call for appointment.

AFTER-SCHOOL PROGRAM (Free)

★ **BETHEL BIBLE FELLOWSHIP CHURCH**

418 Elm Street, Emmaus, PA 18049

610-965-2682

Website: www.BethelBFC.org

This is a free program available to students in kindergarten through grade 5 who attend Jefferson and Lincoln Elementary schools. Currently the program is available on Mondays from 3:30-5:30 and on Wednesdays from 1:30-5:30. The program days may expand if the need exists. The program includes: snack time, homework help and recreational activities. Please call the church or go to their website for more details.

BEREAVEMENT

★ **CAMELOT FOR CHILDREN**

2354 W. Emmaus Avenue, Allentown, PA 18103

610-791-5683

Website: www.camelotforchildren.org

- **Children's Grief & Bereavement Stepping Stones**

Children (4 – 12 years of age) meet with a professional as a group in an informal session to develop understanding and skills to deal effectively with illness or loss of a loved one.

Meetings: Call for more information

Contact: Jason Boyko – 610-969-0330

- **Grief & Bereavement**

Teens meet with a professional as a group or individually in an informal session to develop understanding and skills to deal effectively with illness or loss of a loved one.

Meetings: Monday and Thursday

Contact: Ted Brent – 610-776-7266

- **Teen Support Group**

A group for teenagers and by teenagers. The group is supported by the Camelot staff and supervised by a Camelot nurse. The Camelot Junior Board teens plan their own theme parties and activities.

Meetings: once a month on a Friday evening – 7:00 to 10:00 PM

Contact: Camelot House – 610-791-5683

★ **COMPASSIONATE FRIENDS**

A support group for parents of all ages, grieving the loss of a child. The Lehigh Valley Chapter meets at Sacred Heart Hospital, 2nd Floor, 7 p.m., 2nd Monday of the month. Call 610-820-4004 for more information. Free parking provided. Please call before attending.

★ **DIAKON CHILDREN'S BEREAVEMENT PROGRAM**

1-888-882-4530

1-570-459-6778

Website: www.diakon.org/bereavement

Camp Evergreen Weekend is a special camp for children and teenagers between the ages of 8 and 14 who have experienced the death of a loved one. It is designed to encourage them to express their feelings of confusion, loss and grief with others their age in an atmosphere of fun and friendship under the guidance and supervision of bereavement counselors and adult volunteers.

Held annually at Valley Youth House - Camp Fowler, Orefield, PA. Registration is required. It is free of charge to participants. Please call for more registration information.

BEREAVEMENT (continued)

★ **LEHIGH VALLEY HOSPITAL**

610-969-0330

Grief Process Group – held 1st and 3rd Tuesday of each month, 6:30 to 8:00 PM, at 2166 S. 12th Street, Allentown.

- **Stepping Stones for Children** – Designed for children ages 4 to 12 and held twice a year. Please call for more information on the start date and time for this group.
- **Holiday Workshops** – Usually held in the fall, specifically to address feelings of grief or loss associated with the Holiday season. Please call for more information on the start date and time for this group.

★ **ST. LUKE'S HOSPICE**

610-997-7121

- Eight-week workshops run three times each year (Sept-Oct, Jan-Feb, May-June). Must register in advance. Held in 3 different locations - Bethlehem, Quakertown and Lehigh.
- Monthly book discussion on loss and grief. Meets at Barnes and Noble at the Promenade in Center Valley, the 2nd Tuesday of each month, from 7:00-8:30 PM. Call Wendy Littner Thomson at 610-997-7121 for the book being discussed, and to register.
- Walking through grief. Meets weekly at 1510 Valley Center Parkway, Bethlehem on Mondays, 11 AM to noon. Some discussion and then walking on paved walking trails. No registration required.

★ **ST. LUKE'S HOSPICE**

610-297-5339 484-241-8043

Ann Huey, Chaplain

Ryan's Tree

Sessions are held at locations conveniently located throughout the Lehigh Valley with no fees charged to participants. Sessions are held once a week from 6:30 – 8:15 PM during the six week sessions. Pizza and beverages are served from 6:30 – 7:00 PM with group activities beginning promptly at 7:00 PM. Parents or guardians must remain on site and may participate in an optional adult support group while their children participate in the Ryan's Tree Program. Registration is required for participation in each session. A commitment to participate in the full session (six weeks) is necessary to help build and maintain a meaningful support group for the children. Please call for more information on Ryan's Tree or to register for an upcoming session.

★ **SURVIVORS OF SUICIDE**

Family Answers (formerly Family and Counseling Services)

411 Walnut Street, Allentown, PA 18102

610-435-9651

Meets on site the first and third Mondays of the month from 7:00 - 8:00 p.m.

CHILD CARE

★ **PENNSYLVANIA'S CHILD CARE SUBSIDY PROGRAM**

Services: Helps lower income families find child care. Helps eligible families pay for child care from (0 - 13) years). For example, a family of 4 must earn less than \$38,700/yr.

Eligibility: Parent must be working at least 20 hours a week.

Note: There may be a waiting list for child care subsidy.

In Lehigh County contact:

Child Care Information Services of Lehigh County/Tot - Info

Community Services for Children

1520 Hanover Avenue, Allentown, PA 18109

610-437-6000, Extension 2319

Call for listings and descriptions of regulated child care centers, family day care providers, and before and after school child care programs as well as other programs for children. This free service also includes information on selecting quality child care. Go to www.compass.state.pa.us to search for local child care centers and to apply for the subsidy program. You can also call for an application for subsidized child care.

★ **UNCONDITIONAL CHILD CARE**

2200 West Broad Street, Bethlehem, PA 18018

610-419-4500 (phone)

610-419-3888 (fax)

1-866-800-3880 (toll free)

Provides intervention for children who are at risk of being withdrawn from their licensed child care program due to difficult behavior. Eligibility: Families that are enrolled in licensed child care programs. Referrals to Unconditional Child Care are made by child care providers, parents, and agencies.

CLOTHING BANKS

★ **EVERLASTING LIFE MINISTRIES**

224 North Sixth Street, Allentown, PA 18101
610-434-1477

Clothing bank is on Wednesday 10:00 – 11:00 AM. Enter alley door in basement of New Bethany Church.

★ **PERFECT FIT FOR WORKING WOMEN, THE**

TEC Center, 1101 Hamilton Street, 5th floor, Allentown, PA 18101
610-871-5060 (Has evening appointments)

Provides gently used and new outfits for women's job interviews and first week of work. Need referral from an agency like Head Start. Also has site at Allentown YMCA/YWCA for resume, interviewing assistance. (Volunteer run. Hours are Mon., Tues, Thurs. 9:00 AM – 1:00 PM; Wed. noon – 4:00 PM; Fri. 11:00 AM – 3:00 PM.

COMMUNITY AGENCIES AND PROGRAMS

★ **BIG BROTHERS / BIG SISTERS OF LEHIGH VALLEY, INC.**

878 Minesite Road, Allentown, PA 18103

610-391-1827

Website: www.bbbslv.org

Provides male/female role models for children ages 7-14. The program focuses on friendships rather than activities.

Volunteers must be 18 years old and a resident of Lehigh/Northampton counties.

Volunteers interact with children 3 - 6 hours per week for a minimum of one year.

Requirements: Children come from single parent home.

Waiting List: Boys minimum of 1 year due to lack of male volunteers. Shorter list for girls.

★ **CASA GUADALUPE CENTER**

143 Linden Street, Allentown, PA 18101

610-435-9902

Website: www.casalv.org

Since 1969, this center has offered health, education, social services and community development programs. They also provide social service case management. In addition they offer PPL operation help. This program helps people pay for heating bills to avoid a disruption in service.

★ **CATHOLIC CHARITIES**

530 Union Boulevard, Allentown, PA 18103-1230

610-435-1541

- Adoption options that will give every child the home and family meant just for them. Immigration Consultation to navigate legal and cultural issues.
- Adult Day Care to create safe environments for the elderly and support for family caregivers.
- Individual and Family Counseling to cope with emotional and relationship issues. Pregnancy Support for guidance and assistance in making the best decisions for your child.
- Emergency Food to see that no one goes hungry.
- Job Assistance to face employment issues and meet emergency needs.
- Refugee assistance to resettle in a new culture and country.
- Foster Parenting to ensure temporary homes for children in need.
- Housing to see that everyone has shelter.
- Senior Services to provide community and friendship for older adults.

COMMUNITY AGENCIES AND PROGRAMS (continued)

★ **CENTER FOR HUMANISTIC CHANGE**

2200 Avenue A, Suite 106, Bethlehem, PA 18017
484-821-0375
Website: www.theCHC.org

Offers training programs in the community for organizations/schools on wellness, parenting, drug and alcohol prevention, and kids experiencing divorce/separation. Peer mediation, conflict resolution, violence, bullying prevention and life skills programs.

★ **COMMUNITY EXCHANGE**

610-969-2486

If you would like to learn a new skill, need help with yard work or need a ride to an appointment, this is the program for you. You don't need to pay any money, just give someone else your time and help.

When neighbors exchange services, everyone benefits. If you have time to help a neighbor in need by providing a service to them, then you are needed.

Community Exchange is a project of the Lehigh Valley Hospital, Community Health Department. Call for more information.

★ **CONCERN**

Bethlehem Office:

90 South Commerce Way, Bethlehem, PA 18018
610-691-8401
(no adoption services at this location)

Fleetwood Office:

1 West Main Street, Fleetwood, PA
610-944-0445
(adoption)

Services: Foster and adoption placement. Counseling provided (individual, family, marital). Provides in-home child counseling. Also provides EAP: Employee Assistance Program. Requirements: Private or agency referrals. Cost: Must pay up front before services provided. May be possible to reimburse you through insurance companies. Accepts Magellan Insurance (MA), Med+, Mercy, Sliding fee scale based on income.

COMMUNITY AGENCIES AND PROGRAMS (continued)

★ **CRIME VICTIM'S COUNCIL OF LEHIGH VALLEY**

Allentown Office:

801 Hamilton Street, Allentown, PA 18101
610-437-6610

Easton Office:

1551 Northampton Street, Easton, PA 18042
610-250-6313 (call for information)

Hotline:

Crime Victims Abuse Crisis Line
610-437-6611

This is a private, non-profit agency that is dedicated to providing professional counseling, advocacy services and prevention education services to victims of crime and residents in Lehigh and Northampton Counties at no charge. Services include a 24 hour hotline, individual counseling, support group counseling, hospital, court and police accompaniment and victims' compensation.

★ **FAMILY ANSWERS** (formerly Family and Counseling Services of Lehigh Valley)

411 Walnut Street, Allentown, PA 18102
610-435-9651 (Some bilingual services)

General counseling for people of all ages and backgrounds. Individual, couple, family and group therapy. All counseling conducted by master's level clinician.

Cost: sliding fee scale \$25 - \$80 visit. Accepts some managed care programs. Now accepts medical assistance.

- **S.H.A.P.E. Program** (Schools Hospital Abuse Prevention Effort) - SHAPE provides a variety of therapeutic, educational and referral services to families who reside in Lehigh County and voluntarily agree to participate. Each family receives services for six (6) months. Services are provided in-home by case managers and family advocates. Must be referred by Lehigh County Children and Youth. For more specific information about SHAPE, call Family and Counseling Services at 610-435-9651. Counseling offered for Spanish-speaking families in this program.
- **Ways to Work** - A family loan program assists parents in maintaining employment or continuing their education by providing low interest loans for purchase of car or car repairs.

★ **FAMILY PROJECT OF THE MORNING CALL, THE**

The Family Project, a column of The Morning Call, offers parenting and family issues advice on a variety of topics. The columns are from a panel of local professionals in the education, child development and counseling fields. You can find the columns and advice at www.mcall.com/features/family/family project

COMMUNITY AGENCIES AND PROGRAMS (continued)

★ **HISPANIC AMERICAN ORGANIZATION, INC.**

462 Walnut Street, Allentown, PA 18102
610-435-5334 (Services in Spanish and English)

Family counseling clinic, housing services, daycare, ESL classes, GED program, Nutrition awareness, and information and referral services.

★ **KIDSPeACE**

KidsPeace is a private, not-for-profit organization dedicated to serving the critical behavioral and mental health needs of children, preadolescents, and teens. Headquartered in Orefield, Pennsylvania, KidsPeace offers a comprehensive range of treatment programs to help families help kids anticipate and avoid crisis whenever possible. KidsPeace serves children and adolescents from the ages 5 through 18.

Services Provided in the Greater Lehigh Valley Area:

- KidsPeace Hospital: Freestanding psychiatric hospital designed for treatment of children and adolescents 5 through 18.
- Acute Partial Hospitalization: day treatment program
- 45-Day Diagnostic Assessment Program
- Residential Care Programs
- Behavioral Health Rehabilitation Services: provides in-home services to families with children at risk for out-of-home placement
- Intensive Outpatient, Outpatient
- Foster Care Services (handles children from birth and up)

KidsPeace Locations:

824 North Graham Street, Allentown, PA 18109

Orchard Hills Campus:

5300 KidsPeace Drive, Orefield, PA 18069

Broadway Campus:

1650 Broadway, Bethlehem, PA 18105
Orefield, PA 18069 Bethlehem, PA 18015

To inquire about KidsPeace programs and services call: 1-800-854-3123 or 610-799-8000. www.kidspeace.org www.teencentral.net: web interactive counseling

★ **MITCHELL PSYCHIATRIC CENTER AND CLINIC, THE**

555 Harrison Street, Emmaus, PA 18049
610-965-6418

Mental health counseling for children and adults. Drug and alcohol counseling for adults only. Accepts various insurance providers depending on who provides the services. Call to see if your insurance is accepted. (Often has a waiting list.)

COMMUNITY AGENCIES AND PROGRAMS (continued)

★ **NATIONAL ASSOCIATION FOR THE MENTALLY ILL (NAMI)**

802 East Broad Street, Bethlehem, PA 18018
610-882-2102
<http://namipalehighvalley.org/>

Support groups for parents and families of people with mental illness. Please call for specific meeting times.

★ **PARENTS ANONYMOUS**

1-800-448-4906

Hotline for families in need of assistance in coping with daily stress.

★ **PINEBROOK SERVICES FOR CHILDREN & YOUTH**

402 North Fulton Street, Allentown, PA 18102
610-432-3919

Regular and specialized foster care, intensive treatment program. Support and counseling (by referral) for foster care children and their families. Offers diagnostic, respite, adoption and family preservation programs. Parenting classes and programs.

Pinebrook Family Services

402 North Fulton Street, Allentown, PA 18102
610-432-0521 (Bilingual Services)

Counseling for children to 18 years. Has evening and Saturday hours. Medical Assistance and other insurances accepted.

★ **PROGRAM FOR WOMEN AND FAMILIES**

1030 Walnut Street, Allentown, PA 18102
610-433-6556

Works mainly with women involved with criminal justice system and their families as well as others.

- Parenting Education Classes are based on Parenting Inside-Out program and runs for 12 weeks. Offered on Mondays 10:30 Am – noon or Thursdays 4:00 - 5:30 PM. \$5 per class if self-referred.
- Parent Support Groups are affiliated with Pennsylvania Family Support Alliance and provide support for the challenges of parenting. There is no fee and a snack is provided. Wednesdays, 2:30 - 4:00 PM

COMMUNITY AGENCIES AND PROGRAMS (continued)

★ **PROJECT CHILD**

531 Main Street, Bethlehem, PA 18018

610-954-9561, Extension 40

E-mail: projectchildlv@aol.com

Website: www.projectchildlv.org

Project Child is the child abuse prevention coalition in the Lehigh Valley. It provides public education, professional development, parent support, legislative advocacy and specialized programs in order to prevent child abuse and neglect. Project Child is a program of Valley Youth House.

- Parent Support Group meets Tuesdays, 6:30 – 8:00 PM, at Fritz Memorial United Methodist Church, 303 West Packer Avenue, Bethlehem, PA 18015. All parents are welcome for free, confidential support. Parent Support Groups are intended for local parents to collectively voice concerns and solutions when dealing with children. Free Child Care is available during meetings. Call 610-954-9561 for more information.
- Parenting Education Classes aim to prevent child abuse by teaching parents the skills necessary to adjust to new roles, problems or changes in family circumstances. The classes are open to the public. Some topics include in each weekly session include stages in child development, communication and effective discipline.

This nine-class series is offered every Thursday evening from 7:00 – 8:30 PM.

The cost is \$52 for all sessions. Classes are taught in English. Classes are held

at Project CHILD, 531 Main Street, Bethlehem, PA. Classes also run Monday

evening from 7:00 – 8:30 PM at Project CHILD, the Sixth Street Shelter, 219

North Sixth Street, Allentown, without cost in English and Spanish.

★ **ST. LUKE'S BEHAVIORAL HEALTH CENTER**

1107 Eaton Avenue, Bethlehem, PA 18018

610-954-3012

Outpatient counseling. Takes MA and other insurance. Counseling for mental health issues. Individual, group and partial program.

★ **TURNING POINT OF THE LEHIGH VALLEY**

444 East Susquehanna Street, Allentown, PA

610-797-0530

Hotline: 610-437-3369

Emergency services to victims of family violence. Individual and group counseling for adult and child survivors. Court advocates for protection from abuse orders.

Counseling -- individual and group. Short term emergency shelter for female victims of violence and their children. Men are referred elsewhere for shelter. Bilingual staff.

COMMUNITY AGENCIES AND PROGRAMS (continued)

★ **VALLEY YOUTH HOUSE**

Administration Offices, 829 Linden Street, Allentown, PA 18101
610-820-0166
24-Hour Hotline: 610-691-1200

Valley Youth House has offices in Allentown, Bethlehem and Easton. Counseling for families and youth, family preservation; independent living program for youths on their own (therapy, supervised residence); runaway and homeless youth shelter for ages 12 through 17; student assistance program (SAP) for mental health counseling through Northampton County school districts.

★ **YOUTH ADVOCATE PROGRAMS**

701 West Broad Street, Suite 205, Bethlehem, PA 18018
610-865-9111

Provides services to keep youth out of the police and court system, individual case management, counseling and relationships with caring adults for at-risk children and youth. Requirements: You must be referred by Children and Youth or the County Probation Office or Mental Health.

CONSUMER INFORMATION

- ★ **ALLENTOWN HUMAN RELATIONS COMMISSION**
435 Hamilton Street, Room 107, Allentown, PA 18101
610-437-7616

Provides protection from discrimination and harassment , as well as information and mediation for landlord/tenant disputes and employee/employer disputes.

- ★ **PENN STATE COOPERATIVE EXTENSION**
Lehigh County Extension Office
4184 Dorney Park Road, Allentown, PA 18104
610-391-9840

Northampton County Extension Office
Grey Stone Building, Gracedale Building, Nazareth, PA 18064
610-746-1970 (Some bilingual staff)

Services provided: Information about nutrition and food safety, budgeting, stress management and parenting. Information and programs on horticulture, agriculture, farm management and 4H.

DIVORCE

★ **DIVORCE CARE**

Bethany United Methodist Church
1208 Brookside Road, Allentown, PA 18106
610-395-3613
Thursdays, 6:45 - 8:45 P.M.

Faith Evangelical Free Church
6528 Hamilton Boulevard, Trexlertown, PA 18078
610-395-4731
Mondays, 7:00 - 8:30 pm
Website: www.divorcecare.com

Divorce Care offers a 13 week video seminar, which covers topics essential to recovery from the hurt of separation or a divorce. A Divorce Care for kids program ages 5 through 11 runs while the parents are participating in their program.

★ **HOPE AND HEALING WORKSHOP**

First Presbyterian Church
2344 Center Street, Bethlehem, PA 18017

This eight-week series is offered on Tuesday evenings. Those in attendance include men and women, the separated, recently or long-divorced, all ages, all faiths, all walks of life. Program offered at least twice a year. Cost is \$14. Contact Kathie for more information at 610-317-6162, Extension 228.

EMPLOYMENT

★ **CAREER LINK**

Allentown (Main Office), 1601 Union Boulevard, Allentown, PA 18109
610-439-1123; 610-437-5627

Job Services: Job listings, help in finding employment through an internet-based system. To apply for unemployment, telephone first. GED classes on site. Job seeker workshops, Civil Service test site. Apply for training money for those laid off or unemployed.

★ **COUNCIL OF SPANISH SPEAKING ORGANIZATIONS (Spanish Council)**

520 East Fourth Street, Bethlehem, PA 18015
610-691-5448 (Bilingual services in Spanish and English)

Assistance with seeking employment, information about immigration, legal aid, free HIV testing.

★ **HISPANIC AMERICAN ORGANIZATION, INC.**

462 Walnut Street, Allentown, PA 18102
610-435-5334 (Bilingual services in Spanish and English)

Helps people find employment through a temp agency. Offers GED classes, ESL classes, computer classes. Assists in getting birth certificates. Provides rental assistance for those who are at risk of being evicted or are homeless.

★ **OFFICE OF VOCATIONAL REHABILITATION**

45 North Fourth Street, Allentown, PA 18102
610-821-6441

Serves the Lehigh Valley. A free State of Pennsylvania service for physically or mentally disabled workers who need to re-train for or find new jobs. Call to find out your eligibility; Spanish speaking staff available.

★ **PENNSYLVANIA HUMAN RELATIONS COMMISSION**

Harrisburg Regional Office
717-787-9780

Deals with employer/employee disputes, discrimination, etc. (Also race, housing, age, gender discrimination.)

FINANCIAL / MATERIAL ASSISTANCE

★ **AMERICAN RED CROSS - LEHIGH VALLEY CHAPTER**

2200 Avenue A, Bethlehem, PA 18017
610-865-4400

Disaster response, health and safety administration and classes, armed forces emergency communication for family members and Valley Wide help (telephone information line).

★ **CATHOLIC CHARITIES**

530 Union Boulevard, Allentown, PA 18109
610-435-1541

Offers one-time financial assistance with rent or mortgage for Lehigh County residents who meet eligibility criteria.

★ **COMMUNITY ACTION COMMITTEE OF THE LEHIGH VALLEY**

1337 East Fifth Street, Bethlehem, PA 18015
610-691-5620; 1-866-847-4565

Free tax preparation for eligible families. Assistance with loan modification or pending foreclosures, assistance with landlord/tenant disputes. First-time homebuyer assistance, including Land Trust program homes refurbished and ready for purchase. Service accounts on PPL on-track program (see Utilities).

★ **CONSUMER CREDIT COUNSELING SERVICE
(A Division of MONEY MANAGEMENT INTERNATIONAL)**

3671 Crescent Court East, Whitehall, PA 18052
610-821-4011

Website: www.moneymanagement.org

Free classes on mortgages, budget basics, retirement, cost-wise use of credit. Also, money management, credit counseling, mortgage assistance information. Spanish-speaking personnel available.

★ **FAMILY ANSWERS** (formerly Family and Counseling Services of the Lehigh Valley)

411 Walnut Street, Allentown, PA 18102
610-435-9651
Fax: 610-435-9654

Offers a ways to work program, which can provide a loan for a car or car repairs. Also teaches household budgeting. For information and eligibility requirements call Dawn Washington at 484-223-2068

FINANCIAL / MATERIAL ASSISTANCE (continued)

★ **HISPANIC AMERICAN ORGANIZATION, INC.**

462 Walnut Street, Allentown, PA 18102
610-435-5334 (Bilingual services in Spanish and English)

Helps people find employment through a temp agency. Offers GED classes, ESL classes, computer classes. Assists in getting birth certificates. Provides rental assistance for those who are at risk of being evicted or are homeless.

★ **LEHIGH COUNTY ASSISTANCE OFFICE (DEPARTMENT OF PUBLIC WELFARE)**

101 South Seventh Street, Allentown, PA 18101
610-821-6503 or 610-821-6509
Fax: 610-821-6705

Services: Medical assistance, food stamps, cash grants. Employment and training resources. For Energy Assistance, if received last year you automatically will be sent application.

Hours: 7:30 AM - 5:00 PM. Spanish spoken.

Website: www.compass.state.pa.us to determine eligibility for programs and to apply.

★ **LEHIGH COUNTY CONFERENCE OF CHURCHES**

534 Chew Street, Allentown, PA 18102
610-433-6421

An association of over 145 local churches, the conference has several social service programs. A recent grant funds Homeless Housing Services (HHS) for adults with a mental health or other disability. The Pathways Program is an emergency service clearing-house for people with housing, food, job and other needs. They also sponsor the Linkage Program whose street casework connects homeless people with services. The Conference assists with medical prescriptions for people without resources to fill them. The Conference also has a "Representative Payee" program to assist those on SSI (including children) who need help to manage their income and bills. Please call first and Spanish is spoken.

★ **SALVATION ARMY - ALLENTOWN**

144 North Eighth Street, Allentown, PA 18102
610-432-129 (Spanish spoken)

Assistance for medical (prescriptions), energy (gas bills).
Emergency shelter at 344 North Seventh Street, Allentown

FINANCIAL / MATERIAL ASSISTANCE (continued)

★ **SOCIAL SECURITY OFFICE -- ALLENTOWN**

41 North Fourth Street, Allentown, PA 18102
610-433-3237; 1-800-405-6746
TTY: 800-325-0778
Website: www.ssa.gov
Hours 9:00 AM - 4:00 PM, Monday through Friday

Services Provided: Handling all inquiries concerning Social Security such as Disability claims and survivor's benefits.
Toll free number for **all** social security offices information is **1-800-772-1213**.
Operators on duty 7:00 AM – 7:00 PM.

★ **UNEMPLOYMENT COMPENSATION**

To file on-line: <https://www.paclaims.state.pa.us/UCEN/Welcome.asp>

Allentown Office:

1601 West Hamilton Street, Suite 500, Allentown, PA 18101-1994
610-821-6735; 1-888-313-7284

This is recorded information about applying for unemployment. You can (eventually) speak to a person. Hours are 7:00 AM – 4:45 PM, Monday to Friday. You can still submit a UC appeal in person at the Career Link offices (see page 1).

★ **WELFARE HELPLINE**

1-800-692-7462

Information regarding financial assistance, medical assistance, food stamps and energy assistance (run by state of PA).

FOOD BANKS AND FOOD RELATED ASSISTANCE

For information on the nearest food bank to you, and on food stamps or other available food resources, call Second Harvest at 610-434-0875 between 7:00 AM and 4:00 PM. Also see list on-line at http://www.shfbv.org/county_lehigh.php.

★ **BETHEL BIBLE FELLOWSHIP CHURCH**

418 Elm Street, Emmaus, PA 18049
610-965-2682

Hours: Tuesday and Wednesday 10:00 AM - 2 :00 PM

Will take emergencies on any day. Should call ahead for an appointment for the Tuesday - Wednesday times

★ **CHURCH OF GOD'S LOVE AND FAITH MINISTRY**

1234 Brookside Road, Wescosville, PA 18106
610-398-9110

Hours: Every other Saturday from 10:00 AM to noon. Please call for more details.

★ **FAITH CHURCH**

6528 Hamilton Boulevard, Allentown, PA 18106
610-395-4731

Hours: Every Thursday evening 6:00 – 7:30 PM; every first and third Tuesday 9:00 – 10:30 AM, except holidays; and the fifth Thursday of the month. Can come once per month. Need to bring ID. Must meet financial guidelines and be a resident of Lehigh County.

★ **FOOD STAMPS**

LEHIGH COUNTY ASSISTANCE OFFICE (DEPARTMENT OF PUBLIC WELFARE)

101 South Seventh Street, Allentown, PA 18101
610-821-6509
610-821-6705 (fax)
Website: www.compass.state.pa.us

Hours: 7:30 AM - 5:00 PM (Spanish spoken)

Food stamps can provide you and your family with the extra help you may need if you meet the financial criteria. If you qualify you will receive a card that works like a debit card; therefore, you can purchase food at the grocery store.

For help filling out the application call 1-866-203-3323

You can also go to www.compass.state.pa.us to determine eligibility and to apply.

FOOD BANKS AND FOOD RELATED ASSISTANCE (continued)

★ **SALVATION ARMY - ALLENTOWN**

144 North Eighth Street, Allentown, PA 18102
610-432-0129

Hours of Operation: By appointment – Monday, Tuesday, Thursday and Friday –
8:30 AM – 4:00 PM; Wednesday – 8:30 AM – noon.

Bring Social Security card and photo ID's for each person in household, as well as
proof of income. Spanish speaking staff available.

★ **SECOND HARVEST OF THE LEHIGH VALLEY and NORTHEAST
PENNSYLVANIA**

(A Program of The Community Action Committee of the Lehigh Valley, Inc.)

Call here to get info on area food banks.

2045 Harvest Way, Allentown, PA 18104-6793
610-434-0875

Referrals for food assistance to member emergency food pantries and soup kitchens
throughout the greater Lehigh Valley. Information on food stamps and WIC program.

★ **SOUP KITCHENS**

- St. Paul's Lutheran Church
6 South Eighth Street, Allentown, PA 18102
610-435-9065
Soup Kitchen hours of operation: Sundays 8:00 – 9:00 AM. Some holidays.
Enter on left of church building off Eighth Street. All welcome.
- Catholic Charities
179 Chew Street, Allentown, PA 18102
610-704-3585
Hours of Operation: Monday through Friday, 1:30 – 2:30 PM
- Daybreak (LCCC)
534 Chew Street, Allentown, PA 18102
610-820-5049
Hours of Operation: Monday through Friday, 9:00 AM – 5:00 PM

FOOD BANDS AND FOOD RELATED ASSISTANCE (continued)

★ **WIC -- WOMEN, INFANTS AND CHILDREN PROGRAM**

WIC Services: Provides food, juice and formula to eligible families (pregnant women and children through age 5); supplemental food coupons can be used through designated stores. Call for an appointment:

- Casa Guadalupe
218 North Second Street, Allentown, PA 18102
610-577-1045
Hours: Monday through Friday, 8:30 AM – 4:30 PM
- Lehigh Valley Center
Liberty Plaza, 1227 Liberty Street, Suite 104, Allentown, PA 18102
Hours: Monday & Wednesday, 8:00 AM – 6:00 PM; Tuesday – 9:00 AM – 5:00 PM; Thursday & Friday, 8:00 AM – 4:00 P M
- Or, call WIC Hotline at 1-800-942-9467 to determine eligibility

★ **ZIONSVILLE EVANGELICAL LUTHERAN CHURCH**

Old Zionsville, PA 18068

610-966-3834

Call for Food Bank services times

HEALTH RESOURCES

★ **ALLENTOWN WOMEN'S CENTER**

31 South Commerce Way, Suite 100, Bethlehem, PA 18017
484-821-0821; 1-877-342-5292
Website: www.allentownwomenscenter.com

Hours: Monday, Tuesday, Thursday 8:00 AM – 5:30 PM; Wednesday 9:00 AM – 5:30 PM; Friday 8:00 AM – 4:00 PM; Saturday 7:30 AM – 2:00 PM

Takes Blue Cross/Blue Shield for all services; reduced abortion cost for those on Medical Assistance and students. Routing GYN care, STD counseling, LGBT Wellness, sterilization. Accepts most insurance carriers. Also offers non-surgical abortion.

★ **AMERICAN HEART ASSOCIATION**

212 East Broad Street, Bethlehem, PA 18018
610-867-0583
Website: www.americanheart.org

Early detection/prevention of cardiovascular illness. Free literature on heart disease and stroke. Speaker's bureau for meetings, free CPR training offered at times. Sponsors annual "Heart Walk" in the fall.

★ **CARING PLACE FAMILY HEALTH PROGRAM, THE - open to the uninsured**

931 Hamilton Street, Allentown, PA 18102
610-433-4680

This program works in conjunction with Lehigh Valley Hospital to provide medical services to children and adults. Medical care is provided for individuals without insurance. Case management and help applying for medical coverage available.

★ **CARE-NET PREGNANCY CENTERS OF THE LEHIGH VALLEY**

<http://www.carenetlv.org/>
Locations in Allentown, Bethlehem, Easton and Wescosville
5573 Hamilton Boulevard, Wescosville, PA 18106
484-223-3958

Services: Free pregnancy testing, counseling, parenting, budget counseling, referrals for other needs, baby items. Does not refer for abortion. One hour appointments.

★ **COUNCIL OF SPANISH SPEAKING ORGANIZATIONS (SPANISH COUNCIL)**

520 East Fourth Street, Bethlehem, PA 18015
610-691-5448

Free HIV testing, health screenings.

HEALTH RESOURCES (continued)

★ **LEHIGH COUNTY STATE HEALTH CENTER**

3730 Lehigh Street, Suite 206, Whitehall, PA 18052
610-821-6770
610-821-6564 (fax)

Immunization only. For non-insured children. A \$5.00 donation will be requested but can be waived. Clinic hours: Immunizations once a month 9:00 – 11:30 AM - BY APPOINTMENT ONLY. They also offer Maternal/Health information and resources.

Talk to Diane to set up free Doctor appointments for uninsured.

★ **LEHIGH VALLEY HOSPITAL HEALTH HOTLINE**

610-402-2273 (“CARE”)
Monday through Friday 8:00 Am – 4:30 PM

Find out about health/pregnancy, other classes, support groups, doctor referrals, and second opinions. For both Lehigh Valley and Muhlenberg Hospitals.

★ **LEHIGH VALLEY HOSPITAL - SERVICES FOR ADULTS WITHOUT INSURANCE**

Seventeenth and Chew Street, Suite 101, Allentown, PA 18102
610-969-4370

A clinic that will provide health services for adults.
Also, contact the hospital financial assessment department at 610-969-2394. They will work with you to determine whether you are eligible for free medical services or a sliding fee scale.

★ **MARCH OF DIMES FOUNDATION**

90 South Commerce Way, Suite 320, Bethlehem, PA 18017
610-814-7000

March of Dimes is a non-profit foundation dedicated to “improve the health of babies by preventing birth defects and infant mortality.” They raise funds and provide educational materials on topics like diet in pregnancy (“Eating for Two”), vaccinations, smoking and pregnancy, and newborn care. Support for families with babies in NICU.

★ **PLANNED PARENTHOOD OF NORTHEAST PA**

29 North Ninth Street, Allentown, PA 18102
610-439-1033
Website: www.plannedparenthood.org

This clinic provides contraceptives and reproductive health services, counseling, walk-in pregnancy testing and morning after pill, male and female sexually transmitted disease testing, premenopausal and menopausal exam, test and treatment.

Cost: MA accepted, sliding fee scale, other insurance. Call first for hours.

HEALTH RESOURCES (continued)

HEALTH RESOURCES - Health Insurance Plans

★ **CHILDREN'S HEALTH INSURANCE PROGRAM (CHIP)**

1-800-986-KIDS (5437)

If you are a working parent who needs health coverage for your children, but you make too much for Medical Assistance to cover them, apply for CHIP! This is a health insurance plan that now covers all uninsured children. Call or go to www.compass.state.pa.us to apply.

★ **MEDICAL ASSISTANCE**

The Medical Assistance Program (Access) is now a managed care system that provides access to both physical and mental health services based on financial need or the presence of a serious illness or disability. To apply for Medical Assistance (ACCESS) for yourself and/or your family, you can visit or call the County Assistance Office (Welfare Office). For Lehigh County residents, call 610-821-6503. Or go to www.compass.state.pa.us to apply.

HEALTH RESOURCES – Medical Providers

★ **MEDICAL ASSISTANCE (Amerihealth Mercy, Gateway or Unison)**

Call the number on your card for current information about doctors, dentists, ophthalmologists, etc. in your area that accept the plan. You can also access lists of approved providers on your carrier's website.

HEALTH RESOURCES – Dental Providers

★ **ALLENTOWN HEALTH BUREAU**

Alliance Hall, 245 North Sixth Street, Allentown, PA 18102
610-437-7760
Monday through Friday 8:00 AM – 4:30 PM

For children 3-18 years old - Valley Wide Smile
For children without dental coverage will refer to local dentists who will provide services at a reduced cost. How quickly a child is seen depends on the urgency of the situation.

HEALTH RESOURCES (continued)

- ★ **LEHIGH VALLEY HOSPITAL DENTAL CLINIC**
Seventeenth and Chew St. Allentown, PA 18102
610-969-2245

Services for individuals on medical assistance. For those who are uninsured a financial assessment is done to determine sliding scale fee. It also provides free specialized care through a special needs children's program and cleft palate program. Will provide emergency services

HEALTH RESOURCES – Optometrist (Eye Doctor):

- ★ **CENTER FOR VISION LOSS**
845 West Wyoming Street, Allentown, PA 18103
610-433-6018

Formal program for assisting low-income families has ended, but they will still take calls and try to assist as much as possible.

If your child attends a school within the district and you are having difficulty accessing vision care or glasses for your child, please speak with the school nurse in that building.

HEALTH RESOURCES – Prescription Assistance:

- ★ **LEHIGH COUNTY CONFERENCE OF CHURCHES**
534 Chew Street, Allentown, PA 18102
610-433-6421

Helps in emergency/crisis situation with a medical prescription cost. Call first.

- ★ **LEHIGH COUNTY PRESCRIPTION DISCOUNT CARD**
Pick up a card at Lehigh County Government Center, 17 South Seventh Street, Allentown, or locally at 21 Locust Street, Macungie.
Print on-line from: <http://www.rxprintacard.biz/naco/defaults.aspx>
Most drug stores accept the card for items not covered by your insurance.
Call the government Center for more details at 610-782-3200.

- ★ **PARTNERSHIP FOR PRESCRIPTION ASSISTANCE - PA**
Go on line at www.pparxpa.org or call 1-888-477-2669.

Connects qualified low-income people with discount or free prescription drugs, direct from the medicine manufacturer.

HEALTH RESOURCES (continued)

★ **PRESCRIPTION WEB SITES:**

These sites are sponsored by hospitals, consumer groups, drug makers and others, in order to connect patients with individual assistance programs.

www.needymeds.org

<http://www.rxassist.org/default.cfm>

www.patientassistance.com

www.patientadvocate.org

★ **SALVATION ARMY - ALLENTOWN**

144 North Eighth Street, Allentown, PA 18101

610-432-0129

Offers one-time assistance per year per person. It must be a life sustaining medication that is needed. They do not provide assistance for any narcotics or controlled substances.

HEALTH RESOURCES – Mental Health / Behavioral Health

★ **MAGELLAN / MEDICAL ASSISTANCE**

Member Services: 1-866-238-2311

<http://www.magellanofpa.com/>

Magellan is the behavioral health managed care organization for Medical Assistance in Lehigh County. Call or use their site to find approved providers.

If your child is a fee-for-service/HIPP MA recipient, you can access the same providers but billing is not done through Magellan. You can call Lehigh County Children's Mental Health Unit at 610-782-3376. The CMHU will assist in providing members a MA network list, or in coordinating behavioral health evaluation and services

★ **PRIVATE INSURANCE PROVIDERS**

If you or your child are covered by private insurance, you should contact your member services department (number is usually on the back of your card) to request a list of in-network providers. If dually covered by private insurance and MA, you must exhaust your private insurance benefits before MA will take over payment.

HOUSING - Emergency and Transitional Shelters

★ **ALLENTOWN RESCUE MISSION**

355 Hamilton Street, Allentown, PA 18101

610-740-5500

Website: www.allentownrescuemission.org

Provides housing for males in crisis, homeless. Bilingual staff person (Spanish-English) available at times.

★ **BEALL AND LINNY FOWLER HOSPITALITY HOUSE OF THE SALVATION ARMY, THE**

344 North Seventh Street, Allentown, PA 18102

610-432-0128

Emergency shelter for women and children. (Bilingual staff available Spanish-English). Also transitional housing longer term.

★ **NEW BETHANY MINISTRIES**

337 Wyandotte Street, Bethlehem, PA 18015

610-691-5602

Website: www.newbethanyministries.org

Offers short-term transitional housing and supportive services for homeless families in individual rooms for up to six months. Come in to apply; there is a waiting list. Also runs the Mollard Hospitality Center, offering hot showers, breakfast and lunch, employment assistance and counseling; also use of phone and mailing address. Hours: 8:00 AM – 4:00 PM, Monday through Friday.

★ **SIXTH STREET SHELTER**

219 North Sixth Street, Allentown, PA 18102

610-435-1490

Housing for families in separate apartments for up to two months; can get referrals from Pathways Program, Salvation Army, Children and Youth, HAO, Turning Point, Head Start and others. Bilingual staff available. There is a waiting list

★ **TURNER STREET APARTMENTS**

(A program run by Sixth Street Shelter)

219 North Sixth Street, Allentown, PA 18102

610-435-1490

Transitional housing for families who need assistance while they are bettering themselves by participating in an educational or training program. One-third of income goes to rent. May stay up to 2 years; 11 units. Call for information. Waiting list due to the length of time families can stay.

HOUSING (continued)

★ **TURNING POINT OF THE LEHIGH VALLEY**

P. O. Box 1705, Allentown, PA 18105

24-Hour Hotline: 610-437-3369

Has Spanish speaking staff.

Administrative Offices:

444 East Susquehanna Street, Allentown, PA 18103

610-797-0530

Temporary shelter for female victims of domestic abuse and their children. (Men referred out.) Also runs Starting Point: transitional apartments for domestic abuse victims and their children.

★ **VALLEY YOUTH HOUSE**

539 Eighth Avenue, Bethlehem, PA 18018

610-691-1200

Valley Youth House is for runaways and homeless youths. It provides shelter for teens and youth, 12 to 17. Also, it offers transitional housing for youth.

• **Valley Youth House - Supportive Housing Program**

610-317-0721, Extension 304

Valley Youth House is a federally funded program that houses youth in their own apartments throughout the Lehigh Valley. The goal is to help young adults obtain and remain in permanent housing, increase their skills/income, and achieve greater self-determination.

Eligibility:

- Youth between the ages of 18 to 21
- Homeless or near homeless
- Not involved in using alcohol or drugs
- Not a danger to themselves
- Voluntary entrance into program
- Highly motivated

HOUSING – Home Buying Programs

★ **ALLIANCE FOR BUILDING COMMUNITIES (ABC)**

830 Hamilton Street, Allentown, PA 18101

610-439-7007, Extension 24

Fax: 610-439-7888

www.housingabc.org

A home buying program for lower income people and families. ABC assists them to become homeowners by providing fully rehabilitated homes at affordable prices. They counsel and walk you through the home buying process. ABC also offers rental housing. Has Spanish speaking staff.

HOUSING (continued)

★ **COMMUNITY ACTION COMMITTEE OF THE LEHIGH VALLEY, INC. (CACLV)**

1337 East Fifth Street (Forte Building), Bethlehem, PA 18015

610-691-5620

Runs The Home Ownership Counseling Program seminar, which is organized into six sessions and are conducted on three consecutive Saturdays. Publishes Right Stuff About Renting (a free booklet) and answers questions on renter's issues. Call 484-893-1036 to obtain this booklet.

★ **RURAL DEVELOPMENT**

2211 Mack Boulevard, Allentown, PA 18103
610-791-9810 (Press "4" for this program)

This is a U.S. Department of Agriculture program with income limits. Helps with loans for purchase of a home in the Lehigh Valley rural areas and also not-so-rural areas -- call for information. Seminar to help understand the buying of homes with this program. For singles and families.

HOUSING – Rental Assistance

★ **CATHOLIC CHARITIES**

530 Union Boulevard, Allentown, PA 18109
610-435-1541

Hours 8:30 AM – 4:30 PM, Monday through Friday ,or by appointment. Rent assistance and budget counseling.

★ **HISPANIC AMERICAN ORGANIZATION, INC.**

462 Walnut Street, Allentown, PA 18102
610-435-5334

Rental assistance to those eligible (when funds are available).

★ **LEHIGH COUNTY HOUSING AUTHORITY / VALLEY HOUSING DEVELOPMENT CORPORATION**

333 Ridge Street, Emmaus, PA 18049
610-433-2312

Subsidized housing for those who meet low-income guidelines. Call for an application.

HOUSING (continued)

★ **NEIGHBORHOOD HOUSING SERVICES OF THE LEHIGH VALLEY, INC.**

239 North Tenth Street, Allentown, PA 18102
610-437-4571

Home buying assistance. Low to moderate income apartments. Financial counseling and Home Ownership Outreach Program (HOOP).

★ **PATHWAYS PROGRAM / LEHIGH COUNTY CONFERENCE OF CHURCHES**

544 Hamilton St. Allentown, PA 18102 (satellite office)
534 Chew Street, Allentown, PA 18102 (main office for Conference of Churches)
610-439-8653

Provide housing case management for homeless or about-to-be-homeless families. Rental assistance funds are available for eligible families. For Lehigh County residents only. Bilingual staff is available. It is best to call ahead for an appointment, but trained counselors are available on a first come, first served basis from 9:30 AM - noon, Monday through Friday.

Bus tickets for employment, toiletries and diapers are also available at this location.

★ **VALLEY HOUSING DEVELOPMENT CORPORATION**

943 Long Street, Bethlehem, PA 18015
610-866-0124

Subsidized housing for those who meet low-income guidelines. Call for an application.

LEGAL SERVICES

★ **LAWYER REFERRAL SERVICE**

610-433-7094

The Lehigh County Bar Association offers a half hour consultation for \$25.00. This can be a phone or a face –to-face appointment. Call the lawyer referral coordinator, Brandy Rinker at 610-433-7094. With this service there are no financial eligibility criteria to participate in this program.

★ **NORTH PENN LEGAL - SERVICES LEHIGH VALLEY OFFICE**

65 East Elizabeth Avenue, Suite 800, Bethlehem, PA 18018

610-317-8757

Op[en: 9:00 AM – 5:00 PM, Monday through Friday

Free Legal services for low-income families. Call to schedule appointment. Unemployment compensation issues, welfare issues, social security issues, some custody, foreclosures, representation for PFA hearings, evictions and bankruptcy. Bilingual staff available.

SERVICES FOR THE DISABLED

★ **THE ARC OF LEHIGH AND NORTHAMPTON COUNTIES**

2289 Avenue A, Bethlehem, PA 18017
(in the Lehigh Valley Industrial Park #1 across from the LV Airport)
610-849-8076
Fax: 610-849-6202

ARC is a non-profit agency dedicated to helping Lehigh Valley children and adults with Intellectual disabilities to become active, vocal, skilled members of the community. Programs include: adult training, including pre-vocational skills. Their Family Resource Center has library materials to check out on a range of disability topics. ARC also has a youth and adult advocate to help with school, transportation and other issues.

★ **AUTISM RESOURCE COMMUNITY HUB OF LEHIGH VALLEY (ARCH)**

1347 Hausman Road, Allentown, PA 18104
610-573-2500
http://www.elwynl.org/program/autism_resource_community_hub_of_lehigh-valley

This facility offers health services from diagnosis to therapy, for individuals with autism, and their families. Also, it is an information resource center and provides a summer camp program for children ages 11 through 21 with a diagnosis of ASD.

★ **ASSOCIATION FOR THE BLINDNESS AND VISUAL SERVICES – OFFICE OF VOCATIONAL REHABILITATION**

300 "G" Laird Street, Wilkes Barre, PA 18702
1-570-826-2361
Fax: 1-570-826-2538

Services provided: vocational rehabilitation, employment services to all ages. Specialized services: social workers, independence/self-sufficiency services (will refer for own area). Covers 15 counties.

★ **CAMELOT HOUSE**

2354 West Emmaus Avenue, Allentown, PA 18103
610-791-5683
Website: www.camelotforchildren.org

Camelot House provides a gathering place for children who are disabled, or seriously, chronically, or terminally ill. They also provide support and information for families. There are on-going social events, summer camp programs, and support groups. Please contact them for more details regarding how to register.

SERVICES FOR THE DISABLED (continued)

★ **CARBON LEHIGH INTERMEDIATE UNIT #21**

4210 Independence Drive, Schnecksville, PA 18078
610-769-4111
Fax: 610-769-1287

Preschool (ages 3 to 5) early intervention, education and evaluations, therapy. Speech therapy and behavior management. Also provides programs to meet special education needs of public school students (for example: support programs for deaf, hearing impaired, blind and speech and language support).

★ **CENTER FOR INDEPENDENT LIVING**

Allentown, PA 18101
610-770-9781
<http://www.lvcil.org/>

Helps individuals with any type of disability. Can help to find housing. Assists individuals to make home handicapped-accessible (known as Access Lehigh Valley):. Provides sign language interpreter services. Call for information. Helps connect people to sports and recreation opportunities open to those with disabilities. Advocate available for those with disability related issues, consumer needs.

★ **CENTER FOR VISION LOSS**

Lehigh County:
845 Wyoming Street, Allentown, PA 18103
610-433-6018
Hours: 8:30 AM – 4:30 PM, . Monday through Friday
<http://www.centerforvisionloss.org>

Social services: case management, escorted transportation, counseling, support group. Requirements: Lehigh County residents and vision limitation eligibility criteria. Please call for more information.

★ **EARLY INTERVENTION**

Lehigh County: 610-782-3125
New referrals: 610-782-3200

The Pennsylvania Early Intervention program provides support and services to families with children from birth to age 3 with developmental delays. Evaluations to determine the presence of a delay are initiated after referral.

Services for children ages 3 through 5 are provided through the Carbon Lehigh Intermediate Unit, Early Intervention Program. To make a referral, call 610-769-4111.

SERVICES FOR THE DISABLED (continued)

★ **EASTER SEALS OF EASTERN PA**

1501 Lehigh Street, Suite 201, Allentown, PA 18103
610-289-0114

Services to physically and developmentally delayed children. Services: out-patient therapy services, specialty medical clinics, respite, camping, recreation and school and community support services.

★ **EASTERN PA DOWN SYNDROME CENTER**

6900 Hamilton Boulevard, Trexlertown, PA 18087
610-402-0184

Medical services, family support and resources and information for individuals with Down syndrome (Trisomy 21, Translocation, Mosaicism).

★ **EDUCATION LAW CENTER**

1315 Walnut Street, Suite 400, Philadelphia, PA 19107
215-238-6970
Website: www.elc-pa.org

Focuses on the rights of children in the public school system and Early Intervention Services. Offers bilingual services; Spanish speaking staff.

★ **GOOD SHEPHERD REHABILITATION NETWORK**

601 St. John Street, Allentown, PA 18103
610-776-3270; 610-776-3199
Pediatric: 610-776-3578

A variety of medical evaluations and therapy services (physical therapy, occupational therapy, speech, etc.) for those with physical or mental disability. Pediatric program does not run social skills groups for active clients. May need a referral.

★ **MERCY SPECIAL LEARNING CENTER**

830 South Woodward Street, Allentown, PA 18103
610-797-8242

Mercy Special Learning Center is the only private (parochial) non-residential school for children and young adults with intellectual/developmental disabilities in the Lehigh Valley. Serves individuals ages infant through 21. TCL program for those over 21.

★ **MIRACLE LEAGUE OF THE LEHIGH VALLEY, THE**

PO Box 180, Whitehall, PA 18052
484-221-9814

Field Location: 5858 Sell Road, Schnecksville, PA 18078
Program provides an opportunity for children with disabilities to participate in baseball. Cost is \$40 per year, but scholarships are available.

SERVICES FOR THE DISABLED (continued)

★ **PARENT TO PARENT OF PENNSYLVANIA, SPECIAL KIDS NETWORK AND RECREATION AND LEISURE LINE**
1-800-727-2706

Linking Families and Friends of Children and Adults with Special Needs. Support groups, parent support groups, insurance and funding. Information and recreation activities. Offers information on Camperships (camp scholarships). Makes arrangements for special equipment.

★ **PENNSYLVANIA HEALTH LAW PROJECT (PHLP)**
Hotline: 1-800-274-3258
Email: staff@phlp.org

PHLP works with an on behalf of Pennsylvanians to help them overcome barriers to accessing health care coverage and services. Offers individual representation (via toll-free Helpline), community education (newsletters, brochures, manuals, internet and on-site trainings), and policy advocacy.

★ **SPECIAL KIDS NETWORK SYSTEM OF CARE**
1-877-986-3440

Addresses the delivery and availability of services in local communities. Needs or gaps in service for children and youth with special health care needs are identified and addressed together within the community to build better and more coordinated services.

★ **VIA (formerly United Cerebral Palsy of the Lehigh Valley and LARC)**
336 West Spruce Street, Bethlehem, PA 18018
610-317-8000

Programs for children and adults with developmental or physical disabilities.

- For children: Provides early intervention services, ages birth through 3. Occupational, physical, speech therapy and special instruction. Offers referrals for inclusive child care services.
- For adults: Job placement, group homes, self-help skills training. Supportive services for adults with developmental disabilities residing in nursing homes.

SUBSTANCE ABUSE SERVICES

★ **AL-ANON-ALATEEN**

610-740-3700; 1-888-425-2666

www.pa-al-anon.org

Provides an updated listing of support groups in the Lehigh Valley for relatives and friends of alcoholics.

★ **ALCOHOLICS ANONYMOUS SUPPORT GROUPS**

610-882-0558

<http://aalv.org>

Call for listing of support groups in the Lehigh Valley. They have a Spanish-speaking AA group.

★ **COALITION FOR A SMOKE-FREE VALLEY**

610-402-2273

The Coalition for a Smoke-Free Valley is a broad-based community coalition dedicated to reducing tobacco use in the Lehigh Valley by promoting advocacy and providing education, training and support services. Tobacco treatment program available. Has Spanish-speaking staff.

★ **CONFRONT**

1130 Walnut Street, Allentown, PA 18102

610-433-0148

Treatment for drug and alcohol abuse for adolescents/adults. Prevention and intervention services. Parenting groups. Counseling for survivors of sexual abuse. Services are provided on a sliding scale free, but free to adolescents.

★ **COUNCIL ON ALCOHOL AND DRUG ABUSE (CADA)**

Allentown Office:

1031 West Linden Street, Suite 202, Allentown, PA 18102

610-437-0801

Outpatient services, individual and groups. Prevention services for chemically dependent persons and their families. Hours: Monday through Thursday 9:00 AM – 8:30 PM; Friday 9:00 AM - 4:30 PM. Takes MA and cash, also accepts county-funded individuals. Sliding fees for Lehigh and Northampton County residents. Also DUI services. Have Spanish-speaking staff.

SUBSTANCE ABUSE SERVICES (continued)

★ **LEHIGH VALLEY DRUG AND ALCOHOL INTAKE UNIT / ADOLESCENT
CENTRAL INTAKE UNIT**

29 South Law Street, 3rd Floor, Allentown, PA 18101
610-432-2228

The adolescent unit provides behavioral health assessments to evaluate the risk level and determine the needs of the student and facilitate an appropriate referral. The Intake Unit also serves as the liaison to the Student Assistance Teams. Assessments can take place in school or at the Intake office.

The adult unit functions as the gateway to treatment for all alcohol or drug troubled residents of Lehigh County. Appointments for assessments and referrals to treatment are obtainable by phone or walk-in.

★ **MITCHELL PSYCHIATRIC CENTER AND CLINIC**

555 Harrison Street, Emmaus, PA 18049
610-965-6418

Psychiatric center also treats for addictions (adults only). Accepts most major insurance carriers. Call to arrange an intake appointment.

★ **NARCOTICS ANONYMOUS**

610-439-1998
<http://www.marscna.org>

Non-profit world-wide organization of recovering addicts. "Little Apple Area" covers the region. Meeting times available by phone or on-line.

TRANSPORTATION

★ **LANTA-METRO**

1201 West Cumberland Street, Allentown, PA 18103
610-776-7433
Website: www.lantabus.com

Service hours: Monday through Saturday 5:30 AM – 7:30 PM; Sunday, 7:00 AM – 7:15 PM

Office hours: Monday through Friday 9:00 AM – 5:00 PNM; Saturday 9:00 AM – 1:00 PM

★ **LANTA-VAN**

1060 Lehigh Street, Allentown, PA 18103
610-432-3200

Specialized transportation for individuals with physical, cognitive or mobility limitations prohibiting them from utilizing LANTA's fixed route bus service. Must complete an application first to determine eligibility.

★ **MEDICAL ASSISTANCE TRANSPORTATION PROGRAM**

610-253-8333

Provides transportation to medical services for Medical Assistance consumers who do not have other transportation available to them. The transportation services may include any of the following: tickets or tokens to ride public transportation, mileage reimbursement for use of a private car, para-transit services.

★ **WAYS TO WORK PROGRAM (A Program through Family Answers)**

Call 484-223-2068

Provides loans to help families with used car purchases or car repairs. You must have a child, and be employed or be in school (post high school).

Another car resource: If you are on public assistance ("cash," TANF) or were on it and need a used car, or to repair your car for work, call your former TANF caseworker to ask about their car or car repair assistance.

UTILITIES

★ **LOW INCOME HOME ENERGY ASSISTANCE PROGRAM (LIHEAP)**

Lehigh County: 610-821-6702
Northampton County: 610-250-1743

Assistance with oil, gas, electric heat bills. Must meet guidelines; referrals to agencies, applications starting in October/November. (Phone answered October - April)

Note: If you received fuel assistance through this program last year, you will be mailed an application this year.

★ **PENNSYLVANIA PUBLIC UTILITY COMMISSION**

1-800-692-7380

Investigate termination of utilities. Within 24 hours service may be turned back on. For telephone company complaints or concerns: 1-800-782-1110. For electric, gas or water bill problems? Call local company first, then if unresolved, call this agency.

★ **PPL CARES PROGRAM / PPL ON TRACK**

Lehigh and Northampton County: 1-800-342-5775

Monday through Friday 8:00 AM – 5:00 PM. Will assist with electric bills during hardships. Income and living expenses are compared to determine eligibility for program.

★ **PPL WRAP PROGRAM**

1-877-342-5972 or 1-800-342-5775 (and press 0) (ask for weatherization or WRAP program).

Weatherization assistance to lower your heat bills, for low-income customers.

★ **SALVATION ARMY - ALLENTOWN**

144 North Eighth Street, Allentown, PA 18101
610-432-0129

Assistance with gas bills (UGI). Has Spanish speaking staff.

★ **TELEPHONE BILLS / INSTALLATION ASSISTANCE**

If you receive public assistance (TANF), food stamps, SSI or Medical Assistance, you may be eligible for help with your local phone bill. Call 1-800-771-3312 (helps with past due Verizon bills) or your local phone company.

UTILITIES (continued)

★ **UGI UTILITIES, INC.**

Website: www.ugi.com

1-800-UGI-WARM (1-800-844-9276)

There are a variety of programs available to assist low income families. Go to website or call for more information.

★ **VERIZON (formerly BELL of PA) LOW-INCOME PROGRAMS**

1-800-837-4966

Lifeline phone installation/service and other programs for low-income families. You may qualify if you receive General Assistance, Medical Assistance, Federally qualified Free Lunch for your children, etc. Call to begin the application process.

★ **VIRGIN MOBILE ASSURANCE LIFE LINE SERVICES**

1-888-898-4888

Call to speak with an advisor. You may qualify if you receive General Assistance, Medical Assistance, Federally qualified Free Lunch for your children, etc.